Four-Year Area Plan on Aging

July 1, 2020 to June 30, 2024

County of Orange Office on Aging

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2020-2024 4-YEAR AREA PLAN REQUIRED COMPONENTS CHECKLIST

To ensure all required components are included, "X" mark the far-right column boxes.

<u>Enclose a copy of the checklist with your Area Plan; submit this form with the Area Plan</u>

<u>due 5-1-20 only</u>

Section	Four-Year Area Plan Components	4-Year Plan
	Transmittal Letter – must have original, ink signatures or official signature stamps- no photocopies	
1	Mission Statement	
2	Description of the Planning and Service Area (PSA)	
3	Description of the Area Agency on Aging (AAA)	
4	Planning Process / Establishing Priorities	
5	Needs Assessment	
6	Targeting	
7	Public Hearings	
8	Identification of Priorities	
9	Area Plan Narrative Goals and Objectives:	
9	Title IIIB Funded Program Development (PD) Objectives	
9	Title IIIB Funded Coordination (C) Objectives	
9	System-Building and Administrative Goals & Objectives	
10	Service Unit Plan (SUP) Objectives and Long-Term Care Ombudsman Outcomes	
11	Focal Points	
12	Disaster Preparedness	
13	Priority Services	
14	Notice of Intent to Provide Direct Services	
15	Request for Approval to Provide Direct Services	
16	Governing Board	
17	Advisory Council	
18	Legal Assistance	
19	Multipurpose Senior Center Acquisition or Construction Compliance Review	
20	Title III E Family Caregiver Support Program	
21	Organization Chart	
22	Assurances	

TRANSMITTAL LETTER

PSA _

22

2020-2024 Four Year Area Plan/ Annual Update

Check one:
☐ FY 20-24 ☐ FY 21-22 ☐ FY 22-23 ☐ FY 23-24

AAA Name: County of Orange Office on Aging

This Area Plan is hereby submitted to the California Department of Aging for approval. The Governing Board and the Advisory Council have each had the opportunity to participate in the planning process and to review and comment on the Area Plan. The Governing Board, Advisory Council, and Area Agency Director actively support the planning and development of community-based systems of care and will ensure compliance with the assurances set forth in this Area Plan. The undersigned recognize the responsibility within each community to establish systems in order to address the care needs of older individuals and their family caregivers in this planning and service area. 1. Michelle Steele (Type Name) Signature: Governing Board Chair ¹ Date 2. Elaine Gennawey (Type Name) Signature: Advisory Council Chair Date 3. Ericka Danczak (Type Name)

Signature: Area Agency Director

4

Date

¹ Original signatures or official signature stamps are required.

SECTION 1. MISSION STATEMENT

The Mission for all Area Agencies on Aging (AAAs), as articulated in the California Code of Regulations, is:

"To provide leadership in addressing issues that relate to older Californians; to develop community-based systems of care that provide services which support independence within California's interdependent society, and which protect the quality of life of older persons and persons with functional impairments; and to promote citizen involvement in the planning and delivery of services."

The Office on Aging is a division of **OC Community Services**, which is a department of OC Community Resources.

The Mission of **OC Community Resources** is:

Connecting people and resources

The Vision of OC Community Resources is:

Positively transforming lives in Orange County

The Mission of **OC Community Services** is:

As an opportunity catalyst, OC Community Services facilitates the provision of economic, housing and community services that enhance the quality of life for the people of Orange County.

The Vision of OC Community Services is:

An unparalleled system of support for the human experience

The mission of the Office on Aging complements those of OC Community Resources, OC Community Services and the core mission of all AAAs as articulated in the California Code of Regulations.

The Mission of the **Office on Aging** is:

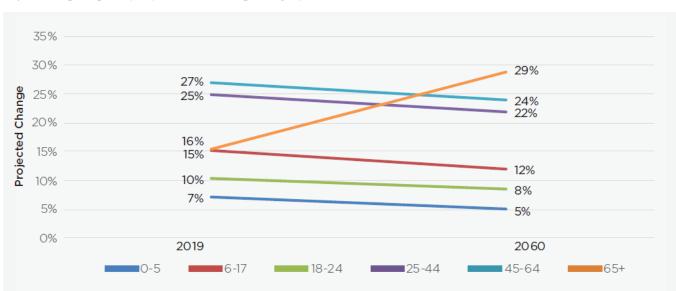
To ensure that Orange County's older adults experience a high quality of life characterized by independence, safety, health, transportation, affordable housing, appropriate nutrition and social activity.

The Vision of the Office on Aging is:

Orange County is the best place in America to age with dignity.

SECTION 2. DESCRIPTION OF THE PLANNING AND SERVICE AREA (PSA)

Orange County is one of the largest counties in the country. It is located in the heart of Southern California, with Los Angeles County to the north, San Diego County to the south, Riverside and San Bernardino counties to the east. The county covers 798 square miles with both urban and suburban qualities. It has 34 cities, nine beaches and 42 miles of coastline. Orange County has the third largest county population in California (3,185,968), following Los Angeles and San Diego. It is one of the most densely populated areas in the United States averaging 3,807 people per square mile. Immigration largely from Asia and Latin America contribute to the county's growth making it the 4th largest international population in the nation with approximately 944,709 foreign-born residents.



Projected Change in Age Group Proportions of Total Orange County Population, 2019 and 2060

Source: Projections Prepared by Demographic Research Unit, California Department of Finance, May 2019

It is no surprise; the older adult population is exponentially increasing nationwide. The California Department of Finance projected an increase of 29% in California by 2060 while all other age groups decline. Orange County is home to approximately 471,226 older adults where about 40.0% are foreign-born residents and diverse within racial and ethnic groups. Although predominantly White (Non-Hispanic) (59.5%) and female (55.6%), it continues to be a minority majority county with Hispanic / Latino make up 15.4% of the population, followed by Asian (21.9%), Black / African American (1.4%), American Indian / Alaskan Native (0.5%), Native Hawaiian / Pacific Islander (0.3%), and some other race (5.1%).

Owning a home provides a sense of financial and emotional security however, Orange County remains as one of the most expensive areas of the United States in which to live driven by high housing prices relative to other markets, income that would be considered sufficient in other areas is grossly lacking in Orange County. In the last 5 years, housing prices in Orange County have increased 4.4% and prices are expected to incline. The majority of older adults in Orange County own their homes and many residents who have had their homes for many years have

"aged in place." Compared to other counties in California, with 100.0 being a national average, Orange County measures at a 167.7 in the

overall Cost of Living Index which has increased from 143.8 in 2013. Although many have fixed incomes, increase in cost of living over the span of retirement will negatively affect the purchasing power. Meaning seniors will need twice as much income later in life to buy the same goods and services bought earlier in retirement. According to the Census Bureau, 34.1% of older adult homeowners and 60.2% of renters spend 30% or more of their income on monthly household costs; leaving very little income for all other expenses such as, food, transportation and medical.

The Elder Economic Security Index is a measure of the income that older adults need to meet their basic needs. It is specific to household size and location. It includes housing, health status, transportation, food, and daily living essentials. For example, the Elder Index for a senior in "good" health renting in Orange County is approximately \$32,064 per year, which is 126% of the national average. In Orange County, the average payment from Social Security is \$22,144, and \$9,903 for Supplemental Security Income payment. The annual income of older adult's is significantly less than the rest of the county (\$86,217). While there are programs that can help, many use the Federal Poverty Guidelines (FPL) that are the same amount across the nation to determine eligibility. Within the years, the number of older adults living in poverty has been steadily increasing accounting for about 50,000 older adults who fall below FPL. Many older adults do struggle to pay for living expenses but find ways to remain in stable housing. However, there is a segment of the older adult population that find themselves homeless. The Point in Time Count, a federally mandated biennial census identified 677 out of the counted 6,860 homeless people in Orange County aged 62+ without a permanent home. Although Social Security and Supplemental Security Income (SSI) remains a valuable resource for retirees, it only accounts for about 40% of former earnings, it's hardly enough to live on. No matter what their source of income, older adults often struggle to make ends meet.

COST OF LIVING	Orange	California	USA
<u>Overall</u>	167.7	149.9	100
Grocery	105.1	105.1	100
<u>Health</u>	95.9	92.4	100
Housing	308.2	239.1	100
Median Home Cost	<u>\$712,500</u>	<u>\$552,800</u>	\$231,200
<u>Utilities</u>	98.6	102.4	100
Transportation	115.2	133.1	100
<u>Miscellaneous</u>	104.6	103.7	100

OC Community Services is a County of Orange division offering programs that serve special population groups such as older adult, caregivers, persons with disabilities veterans, the unemployed, and the homeless in Orange County. It is comprised of the following divisions: Office on Aging, Community Investment Division (CID), and the Veterans Service Office (VSO). Programs offered by OC Community Services serve special needs groups such as older adults, caregivers, persons with disabilities, veterans, the unemployed, and the homeless in Orange County.

In addition to the Office on Aging, the following agencies are among the major public-sector providers of important services for Orange County's older adult population:

Veterans Service Office (VSO)

Veterans Service Office provides advocacy services and assistance to Orange County veterans, survivors and dependents, focusing on U.S. Department of Veterans Affairs disability benefits and survivor benefits. Approximately 60% of the veterans served at the VSO are 60 and older. Because of this cross-over in clients served by both the Office on Aging and the VSO, the OoA Information & Assistance (I&A) call center staff continues to answer the VSO reception phone and provides information on local veteran resources and the general claims process. This allows I&A staff to identify VSO clients who may benefit from other community services as well as providing more comprehensive service to veterans who call through the I&A line. VSO also collaborates with the HCA program OC4Vets, which provides one-stop access for Veterans with behavioral health issues to services including housing and transportation assistance, mental health services, and employment training and development.

Community Investment Division (CID)

Community Investment Division is primarily responsible for administering programs and activities of the Workforce Innovation and Opportunity Act (WIOA) in Orange County. The WIOA assists individuals who are employed, unemployed and underemployed, to increase their self-sufficiency and/or improve their ability to meet the demands of Orange County businesses and employers.

Orange County Housing Authority (OCHA)

The Orange County Housing Authority (OCHA) administers the Housing Choice Voucher Program (HCV), a federally funded program through the U.S. Department of Housing and Urban Development (HUD) offering housing assistance to the elderly, low-income families and persons with disabilities. In addition to the HCV Program, OCHA also administers other voucher programs including Veterans Affairs Supportive Housing (VASH), Non-Elderly Disabled, Family Unification, Mainstream Voucher (as part of Whole Person Care) and Family Self-Sufficiency Vouchers. These programs combined with the HCV Program provide rental assistance to over 25,000 people per month in Orange County. Of the 25,000 people assisted, approximately 70% are elderly or disabled.

Health Care Agency (HCA)

The County of Orange Health Care Agency (HCA) provides behavioral health services directly and through contracted agencies. There are four HCA-staffed programs and three contracted programs providing direct services specifically to older adults with behavioral health problems. The HCA programs are the Senior Health Outreach Prevention Program (SHOPP), the Substance Abuse Resource Team (START), Older Adult Mental Health Recovery Services, The Health Care Agency provides services to older adults in their own

homes through the SHOPP, START and Older Adult Mental Health Recovery Services programs. In addition to behavioral health services, HCA now oversees Continuum of Care, a regional strategy to address homelessness in Orange County. HCA coordinates the OC Health Improvement Plan. One of the

Social Services Agency (SSA)

The Social Services Agency provides the CalFresh Program, Medi-Cal, Adult Protective Services (APS), Inn-Home Supportive Services (IHSS), General Relief, and the Cash Assistance Program for Immigrants (for some legal non-citizens who are not eligible for federal food stamps). According to the Social Services Agency 2018-19 Annual Report, an average 1 in 6 senior received Medi-Cal benefits, 1 in 30 seniors are enrolled in IHSS, and 1 in 36 seniors received CalFresh benefits.

Orange County Transportation Authority (OCTA)

OCTA provides public transportation services, including OC ACCESS, a shared-ride service that is available to qualified applicants whose physical or cognitive limitations prevent them from utilizing the regular OC Bus fixed-route service. OCTA also administers the Senior Mobility Program and is introducing new projects in pilot areas, such as OC Flex, a ride share service which may be more acceptable to seniors than Uber or Lyft.

CalOptima

Medi-Cal recipients in Orange County are served by CalOptima, a County Organized Health System (COHS). CalOptima was created by the Orange County Board of Supervisors in 1993 and is the largest of six COHS in the United States. CalOptima provides coverage through four major programs, Medi-Cal, OneCare (HMO SNP) and PACE (Program of All-Inclusive Care for the Elderly) and is the fifth largest Medi-Cal managed care plan in California. In August 2015, Orange County became the 7th county in California to implement Cal MediConnect (called OneCare Connect in Orange County). Cal MediConnect is an initiative that combines Medicare and Medi-Cal benefits under one program. The program aims to improve care coordination for dual eligible beneficiaries and drive high quality care that helps people stay healthy and in their homes for as long as possible. Additionally, shifting services out of institutional settings and into the home and community helps create a person-centered health care system that is also sustainable. The Multi-Purpose Senior Services Program (MSSP) administered by CalOptima provides social and health case management services designed to provide cost effective ways of delaying institutionalization of extremely frail older adults. Social Work and Registered Nurse Care managers provide access to needed services and ensure a coordinated delivery of services. Beginning July 1, 2015, the MSSP became included as one of four Medi-Cal programs under CalOptima's Long Term Services and Supports (LTSS) portion of the Coordinated Care Initiative in Orange County. As of December 31, 2015, CalOptima was serving 464 MSSP clients.

Orange County Elder Abuse Forensic Center

Orange County is home to the nation's first Elder Abuse Forensic Center. Launched in May 2003, the Elder Abuse Forensic Center changes the way elder abuse cases are prosecuted through an unprecedented collaborative process. Orange County's Elder Abuse Forensic Center is staffed by team of professionals from legal, medical, social services, and law enforcement agencies. It is a partnership between UCI Geriatric Medicine, Adult Protective Services, Ombudsman, Health Care Agency, Orange County Sheriff's Department, the District Attorney's Office, Public Guardian, Orange County

Superior Court, Human Options, Legal Aid of Orange County, and Ageless Alliance. Together they conduct case reviews; in-home medical and mental status, and evidentiary investigation; taped victim interviews; education; consultation; and research. The collaboration brings these experts together to better understand, identify and treat elder abuse, determine more efficient ways to successfully prosecute elder abuse cases and support the prevention of elder abuse through greater awareness and education among those professionals who work with older and disabled adults.

OC Strategic Plan on Aging

OCSPA is a coalition of public and private stakeholders with a goal of examining strategies and approaches to develop Orange County as a community that facilitates successful aging. Formed over 6 years ago, OCSPA's governance structure has a Leadership Council and eight sub-committees focused on initiatives such as Housing, Transportation, Elder Abuse Prevention, Social Engagement, Food Security/Nutrition, Healthcare, Communications, and Technology.

BeWell Orange County

Be Well OC is a new initiative that brings together a community-based, cross-sector of organizations —public, private, academic, faith and others—to create a community-wide, coordinated ecosystem to support optimal mental health. The long-term goal of this movement is to create regional wellness hubs which will serve as a central resource location for mental healthcare.

SECTION 3. DESCRIPTION OF THE AREA AGENCY ON AGING (AAA)

The Office on Aging is the designated Area Agency on Aging (AAA) for Orange County since 1974. As the local AAA, the Office on Aging is mandated by Federal law to be the lead advocate, system planner, and facilitator of services and programs for older adults, persons with disabilities, and family caregivers.

Orange County's Board of Supervisors and the senior community have preferred that services be privatized to local non-profit or municipal contractors to the maximum extent possible. Rather than provide services directly, Office on Aging administers contracts for the provision of services to older adults through community-based organizations. These programs are funded with federal and State funds; County General Funds; Tobacco Settlement Revenue and local Measure M2. Contracts for provision of services are awarded every four years through a competitive Request for Proposals process.

The Office on Aging administers and monitors support service programs for older adults (60+) and family caregivers funded by the CA Department on Aging. The following contracted programs along with direct services provide are some indicators of the leadership role of the Office on Aging within the aging network in Orange County.

Contracted Programs:

- Elderly Nutrition Program
- . The Elderly Nutrition Program (ENP) is provided through contracts administered by the Office on Aging. This is the largest program funded by the Office on Aging and fills a critical nutrition need countywide. Three contractors serve approximately 116,000 congregate and home-delivered meals per month.
- Transportation

Publicly funded senior transportation in Orange County is provided through collaboration between the Orange County Transportation Authority (OCTA), the Health Care Agency (HCA), the Office on Aging, cities, and a network of contracted service providers. HCA administers Tobacco Settlement Revenue (TSR) funds which are implemented by the Office on Aging for the Senior Non-Emergency Medical Transportation program (SNEMT). Measure M2 funds, administered by OCTA, are also used for the SNEMT program. The Office on Aging administers the SNEMT program and the contracts with the two providers of SNEMT services. The Office on Aging also administers federal Older Americans Act Title III funds for transportation for older adults to travel to locations such as financial institutions, grocery stores, social/recreational activities, senior centers (including congregate meal sites), community education programs, or places of worship.

Legal Services

Services provided primarily through individual, one-on-one consultation with older adults. Paralegals, under the direction of an attorney, provide this service at various locations including senior centers.

• Family Caregiver Support Program
Allocates funding to provide multifaceted systems of support services for family caregivers, grandparents and older individuals who are relative caregivers.

Case Management

The Office on Aging contracts with community-based service providers for case management services funded by Title III B of the Older Americans Act, which includes inhome services, specifically personal care, homemaker, and chore services to homebound older adults, to maintain independent living or provide respite for the primary caregiver.

Ombudsman

Th Ombudsman program investigates complaints of elder and dependent abuse made by, or on behalf of, individual residents of long-term-care (LTC) facilities. Staff and volunteers work with licensing agencies and law enforcement in the investigation of abuse in facilities. Staff and volunteers visit all licensed LTC facilities, providing a regular presence to ensure that the rights of residents are protected.

Elder Abuse Prevention

The Elder Abuse Prevention program includes activities to develop, strengthen, and administer programs for the prevention and treatment of elder abuse, neglect, and exploitation. Education and training sessions are provided in the community to the public, professionals, and family caregivers.

Health Insurance Counseling and Advocacy Program

This program provides both community education sessions open to the public and individualized one-to-one counseling on Medicare, managed care, and other private health insurance issues.

Adult Day Care

Adult day care is personal care for dependent older adults in a supervised, protective, and congregate setting during some portion of the day.

Senior Community Service Employment Program (SCSEP)
 SCSEP provides part-time, work-based training opportunities at local non-profit or government agencies for low-income adults age 55+. In order to streamline SCSEP administration, Office on Aging began managing the program directly in fiscal year 2019-20 rather than through a memorandum of understanding with the Community Investment Division (CID).

Direct Services:

Information & Assistance

The Office on Aging Information & Assistance (I&A) call center provides information and referral services via a state-of-the-art call center system. Through the onsite call center, the Office on Aging toll-free line acts as a single point of entry for referrals to services and programs for older adults, caregivers, and persons with disabilities. In addition to having bi-lingual/bi-cultural staff to serve Spanish speaking and Vietnamese speaking callers, the call center also uses a language line that provides access to other languages as needed. Consumers contacting the call center can be directly connected with public and private community-based programs to meet their needs. I&A staff utilize a resource database to track client contact information and offer several resource options, as well as perform follow-up on all assistance calls to ensure that consumers were connected with referred services.

Health Promotion

The Office on Aging provides health promotion services through the activities of the health educator. The Office on Aging Health Educator oversees the Chronic Disease and Diabetes Self-Management Programs and A Matter of Balance. Activities include training new leaders and providing technical assistance to current leaders, conducting fidelity checks, distributing a quarterly leaders newsletter, recruiting and working with workshop sites, collecting paperwork and managing workshop supplies, and seeking out partnerships to expand the programs. To support the activities of the health educator, the Office on Aging has a memorandum of understanding with HCA to provide Chronic Disease Self-Management Education trainings and community workshops

Community Education (Speaker's Bureau Program)

The speakers bureau is a network of professionals and knowledgeable volunteers who are trained and available to speak at no charge to any community group. The mission of the Speakers Bureau Network is to educate and empower individuals to enhance the quality of life for older adults. The Office on Aging staff coordinate the speakers and community groups.

Aging & Disability Resource Connection (ADRC)

Redesignated in 2019, the Orange County ADRC continues to operate as a collaborative between the Office on Aging and the Dayle McIntosh Center for Independent Living. With new state funding allocated to the initiative, Office on Aging and Dayle MacIntosh is planning for and implementing new systems to change the way long term care services and supports are delivered to consumers in the aging and disability communities of Orange County.

Flat funding from all revenue sources in the face of increased demand for services has challenged the resources of contracted service providers, the Office on Aging, and other organizations serving older adults in the county. This is further exacerbated by the increase in expenses for contractors, such as increased food and fluctuating gasoline costs for the nutrition providers. The fact that there are more needs than can be met with available funds will inevitably result in limits to services. With increased demand, but fewer services available, waiting lists will be more prevalent.

According to surveys conducted by the Office on Aging and others, the most often cited reason older adults and their caregivers fail to access available services is lack of awareness that such services exist. Families and individuals tend not to be concerned about such programs until confronted with an immediate or imminent need. Marketing of services is an important component to the reduction of gaps in service delivery due to lack of knowledge about service availability, but frequently does not occur because under-funded providers are hard pressed to accommodate their current client base.

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SECTION 4. PLANNING PROCESS / ESTABLISHING PRIORITIES

The process of assessing needs among the older adult population is ongoing and involving regular contact with providers and community partners. The 2020-24 Area Plan needs assessment process involved a variety of elements, including a study of the 2010 Census as described in section 2, existing data elements from WellSky Aging and Disability database, ReferNet database, community meetings, and a variety of surveys to provide the broadest perspective possible on the current needs of Orange County's older adult population.

Orange County's Office on Aging (OoA) utilized a quantitative approach to gather information and assess the current needs of the senior (60+) community. The Orange County Aging Services Collaborative (OCASC) and OoA staff contributed in the development of the 18-question survey based on the current services and resources available to the senior population. The survey targeted 60 and older who live in Orange County, seniors with the greatest economic and social needs, as well as adults with severe disabilities. Caregivers and individuals working with the senior community were encouraged to take the survey.

Office on Aging (OoA) staff and Orange County Aging Services Collaborative (OCASC) partnered and engaged a wide variety of organizations and individuals to aid in survey distribution and collection. The survey was available in English, Spanish and Vietnamese. It was distributed via paper and online through survey monkey in the following methods: county newsletters, community senior center, Congregate Meal sites, community outreach events, Social Services Agency lobbies, Health Care Agency lobbies, Orange County Public Libraries, Health Education Workshops, Veteran Services lobby, Somang Society, Golden Rain Foundation, OoA social media feeds and others. Increased efforts were made to target minorities and ensure the inclusion of homebound older adults in the assessment process by distributing surveys to clients receiving Home Delivered Meals.

In addition, a provider survey was distributed to current providers via survey monkey. 12 provider surveys were returned outlining unmet needs and barriers they feel that the older adult community is facing. Both surveys were distributed using convenience sampling and caution should be exercised in over generalizing the results to the entire Orange County older adult population. Quantitative data has its limitations and often lack context. Therefore, focus groups were held to present and discuss the survey results and engage community members in the development of the 2020-2024 Area Plan goals. 75 older adults attended one of 10 small focus groups facilitated to help understand and identify key issues.

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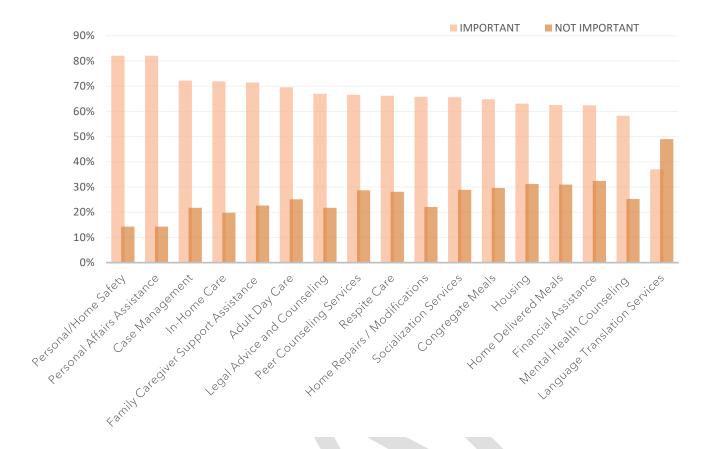
SECTION 5 - NEEDS ASSESSMENT

A total of 2,188 Senior Living Needs Assessment surveys were returned, of which 763 (34%) were completed online by respondents via survey monkey. Results were discarded if respondents did not live in Orange County and / or if respondent did not meet the age criteria for a total of 1,639 senior (60+) respondents. The majority of survey respondents (n=1,639) were between the ages of 60-74, 580 respondents were the age of 75-84, and 291 respondents were 85+ years of age.

Respondents of the Orange County Senior Living Needs Assessment Survey were predominantly women (68%). Two participants (0.1%) identified as being transgender and two participants (0.1%) identified as being Gender-Queer/Gender Non-Binary. The majority of survey respondents (n=1,639) identified as being straight/heterosexual (75%), 2% identified as being gay/lesbian/same-gender loving, 0.5% identified as bisexual, 0.4% as questioning/unsure, and 12% declined to state. The vast majority of those who identified their race were White (58%), 21% were Asian, 2% African American, 1% Pacific Islander, 1% American Indian/Alaska Native, 2% Other, 10% declined to state, and 17% identified as being Hispanic/Latino. Survey participants were also asked for their educational background and yearly income. Results showed 48% of respondents have a bachelor's degree or higher 34% are high school graduates, 14% have an education level less than high school, and 4% decline to state. Furthermore, respondents were asked for their yearly income levels in which 32% receive a yearly income level less than \$15,000, 21% receive an income level between \$15,000 - \$34,999, 19% reported income levels between \$35,000 - \$74,999, 8% reported \$75,000 -\$99,999, 8% reported \$100,000 or higher, and 12% declined to state.

Participants were asked which services are most important to them as they age. Services that were rated as "Extremely Important," "Very Important," and "Somewhat Important" were labeled as "Important" services. Those rated as "Not Very Important," and / or "Not at All Important" were considered "Not Important".

Table 1: Senior Living Needs Assessment Survey: Services Rated Most Important to Seniors



The need to enhance the quality of life, safety, and security is a reoccurring theme among all responses throughout the needs assessment process. 82% of senior respondents said Personal

Home / Safety as an "Important" service as they age in Orange County. In particular, 52% of participants said they are most concerned about falling and or bodily injuries. The California Department of Public Health rated "accidents" as one of the top 10 leading causes of death among older adults. In fact, OC Indicators show hospitalization rates for falls increasing in the senior population (65+). The National Institutes of Health (NIH) estimates that approximately 1 in 3 seniors fall each year. The risk of falls increases with age and seniors are well aware of their physical limitations increasing as they age. Majority of participants said, they are fearful of falling because they wouldn't know what to do after the fall. Of those who have experienced a fall said, falling is expensive, and a fall prevention class would have helped them prevent the fall.

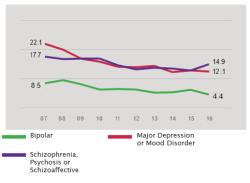
Leading Causes of Death among Ages 65 Years and Older	Number of Deaths	Crude Rate per 100,000 Population in the Age Group
1. Heart disease	4,210	919.2
2. Cancer (malignant neoplasms)	3,486	761.1
3. Alzheimer's disease	1,410	307.9
4. Cerebrovascular diseases (stroke)	1,236	269.9
5. Chronic lower respiratory diseases	914	199.6
6. Influenza and pneumonia	493	107.7
7. Diabetes mellitus	372	81.2
8. Parkinson's disease	316	69.0
9. Accidents (unintentional injuries)	302	66.0
10. Nephritis, nephrotic syndrome and	296	64.6
All other causes	2,646	577.7
Total deaths	15,681	

Preserving the quality of life was made clear by participants and they further voiced their interest in learning ways to prevent scams (Financial Safety 14%) and making their homes safer (Home Safety 14%). One focus group participant said, "We [seniors] are vulnerable and isolated which makes us an easy target for scammers and burglars."

According to the Centers for Disease Control and Prevention, suicide is the leading cause of death in the United States. Although older adult mental health hospitalizations for major depression and bipolar disorders have been at a steady decline, it is attributed to an increase in older adults taking anti-depressant medications. In 2016, 33 out of every 10,000 older adults were hospitalized for a mental health related condition. Our survey included a series of questions related to health and well-being. 69% of survey respondents found themselves canceling their plans and / or appointments because they are "too tired" or "not feeling well." When asked why, focus group participants said they are using "too tired" or "not feeling well" as an excuse to hide

LONG-TERM DOWNWARD TREND IN MENTAL HEALTH HOSPITALIZATIONS AMONG SENIORS CONTINUES

Orange County Older Adult Mental Health Hospitalizations per 10,000 by Disorder, 2007-2016



Sources: 2007-2016 Office of Statewide Planning & Development Patient Discharge Data prepared by Orange County Health Care Agency, Research and Planning; U.S. Census Bureau, American Community Survey, 17-Year Estimates

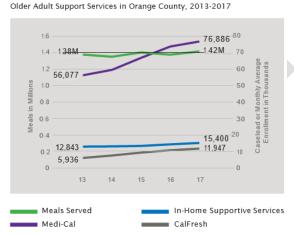
underlying issues

"Meals on Wheels is the best part of my day. Not because of the food, I look forward to talking with the delivery person."

such as, depression or self-conscious of their appearance. Of the many ways to connect with others, 43% of seniors prefer more companionship or contact with other people in their home and / or community. These results were consistent across all age groups 60 years and above. Isolation drives the need for socialization. Participants explained, as people get older there is an

increase in the need of companionship because people [non-seniors] are used to being busy with work, spouse, and kids, then it all stops. Not only is mental health a causing factor for seniors to canceling their plans, seniors also struggle with declining physical health. In fact, 22% of survey respondents said that poor physical health limits them from engaging in social activities. Seniors expressed, in person is the best way for communication, human interaction is necessary to stay healthy and prevent diseases such as, depression and dementia.

GROWTH CONTINUES IN SENIOR SUPPORT SERVICES



Sources: County of Orange Social Services Agency (IHSS, Medi-Cal, CalFresh); Orange County Community Services/Office on Aging (meals) As the older adult population continues to increase, so is the need for social support services. Participants explained that some [seniors] suffer from health conditions such as, arthritis or have weak hearts that prevent them from doing daily chores. According to the Arthritis Foundation, more than 50 million adults have been diagnosed with arthritis which is the number 1 cause of disability in the U.S. In fact, the prevalence of arthritis in Orange County seniors is 32.6% which is higher than the US value (31.3%). Hypertension in Orange County is at a 55.3% prevalence for older adults. Because of poor physical health conditions, seniors struggle with doing housework (547 respondents), and running errands (384 respondents). Focus group participants said, cleaning their home

becomes exhausting and dangerous. The equipment [vacuum cleaner] is heavy, the dust is harder to spot with declining eye sight and balancing becomes dangerous. Seniors find it difficult to find others to help with performing essential errands. Some seniors find it hard to trust random strangers into their home. Others cannot afford the service and there are some that feel like they are giving up their independence. When asked if In-Home Services was an option for them they

said yes, it is a program that will help improve their livelihood.

Table 2: Senior Living Needs Assessment Survey: Activities Limited due to Physical Health by

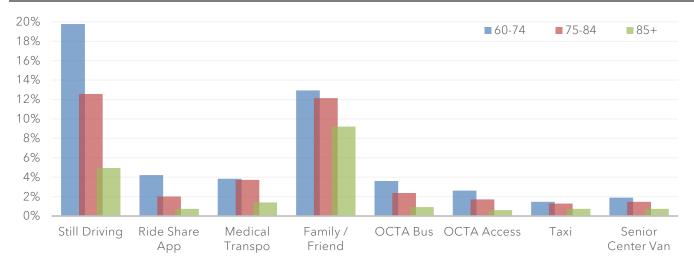


Age Group

Transportation to medical appointments, church, pharmacy, grocery store, and other shopping areas remains an unmet need for most seniors and adults with disabilities. The Orange County Strategic Plan for Aging report indicates that approximately 5,876 Orange County residents aged 70 or older stop driving and become dependent on others to meet their transportation needs. More than half of the focus group participants agreed that transportation services would be a priority service for funding because it is the one service that is needed first as they age, and it helps them keep their independence. Respondents were asked what types of transportation they utilized and were given the option to choose more than one response. As demonstrated in Table 3, the majority of the younger older adults drive their own vehicle (37%). Out of those who do not drive, rely on family and friends (34%) while others have little to no alternatives. Transportation was consistently the top reason as to why social activities and / or medical needs are limited (59%). 7% of survey respondents said they use a ride share

applications such as, Uber and Lyft. Of those who use ride share applications said, they only use it as an emergency because it gets costly. All other participants said, it is not an option for them because they are not technically inclined, they have safety concerns, it is unreliable or too expensive. Current Transportation programs have limitations and restrictions to seniors attending congregate sites and / or attending a non-emergency medical appointment. Transportation continues to be one of the top service requests for the Office on Aging Information and Assistance Call Center.

Table 3: Senior Living Needs Assessment Survey: Alternate Types of Transportation by Age



Language Translation Services (49%) was rated as "Not Important" for seniors aging in Orange County. When asked why this service was ranked so low, participants said, there is enough translation and interpreting services. Important offices such as, doctor and government offices have staff who can assist. They also provide informational pamphlets in multiple languages, and use google translator as a resource.

SECTION 6. TARGETING

The targeting priorities established in the Older Americans Act (Sections 307 and 373(c)(1) and listed in the California Code of Regulations (CCR Article 3, Section 7310) require that AAAs use outreach efforts to identify individuals eligible for assistance under federal law. Special emphasis is to be given to older adults:

- residing in rural areas
- having the greatest economic need and social need, with particular attention to lowincome minority individuals
- having severe disabilities
- having limited English-speaking ability
- having Alzheimer's disease or related disorders, and their caregivers
- at risk of institutional placement

There are often barriers to serving the abovementioned communities.

- Language barriers and transportation problems can impede access.
- Low income older adults are especially vulnerable living in Orange County, with its high cost of living.
- 2010 Census data illustrates that the rate of growth of the ethnic minority senior population is significantly higher than that of non-minority seniors, underscoring the need for targeted outreach.
- LGBTQ seniors are largely a hidden population in Orange County, often due to their past experiences of discrimination.

It must also be noted that resource limitations caused by static budgets with increased population and demand result in further barriers to service, as individuals are either delayed in receiving, or unable to access, needed services due to limited staff and/or funding.

The Office on Aging remains committed to ensuring that services are accessible to individuals with the characteristics identified in the Older Americans Act and California Code of Regulations. This is done in part by allocation of Title III funds according to the Court-approved funding formula for California, which gives additional weight to minority and low-income older adults. In addition, the Office on Aging has developed a number of strategies to meet the needs of target populations.

- The Office on Aging contracts with service providers serving ethnic minorities and maintains collaborative partnerships with others through coalitions and other relationships.
- Evaluation criteria in the Request for Proposals process address the need for providers to appropriately target those groups emphasized in the federal regulations.
- Requests for Proposals contain language requirements to ensure the use of printed materials in languages appropriate to the demographic composition of the service area; contractors must also make use of bilingual paid or volunteer staff or have access to interpreters.
- The Office on Aging call center assures access to services through bilingual staff and the
 use of the language line provided for callers with limited English proficiency.

- All Office on Aging contracted service providers are required to have materials available to clients in the three threshold languages English, Spanish and Vietnamese.
- All Office on Aging contracted service providers are required to meet the requirements under Title VI of the Civil Rights Act that address the obligation to provide meaningful access to services to those having limited English proficiency.
- All Office on Aging contracts address the issue of compliance with non-discrimination laws

 specifically Title VI of the Civil Rights Act.
- There is low-income ethnic minority representation on the Senior Citizens Advisory Council.
- The Office on Aging to continue working with community organizations, such as The Center of Orange County, to increase services and programming, and address the barriers to service faced by LGBTQ elders.

☐ Yes. Go to question #5

□No, Explain:

At least one public hearing must be held each year of the four-year planning cycle. CCR Title 22, Article 3, Section 7302(a)(10) and Section 7308, Older Americans Act Reauthorization Act of 2016, Section 314(c)(1).

Fiscal Year	Date	Location	Number of Attendees	Presented in languages other than English? ² Yes or No	Was hearing held at a Long- Term Care Facility? ³ Yes or No
2020-2021	2/14/2020	Tustin Area Senior Center			
2021-2022					
2022-2023					
2023-2024					

The following must be discussed at each Public Hearing conducted during the planning cycle:

1. Summarize the outreach efforts used in seeking input into the Area Plan from

	institutionalized, homebound, and/or disabled older individuals.
2.	Were proposed expenditures for Program Development (PD) or Coordination (C) discussed?
	□Yes. Go to question #3
	□Not applicable, PD and/or C funds are not used. Go to question #4
3.	Summarize the comments received concerning proposed expenditures for PD and/or C
4.	Attendees were provided the opportunity to testify regarding setting minimum percentages of Title III B program funds to meet the adequate proportion of funding for Priority Services

AAAs are encouraged to include individuals in LTC facilities in the planning process, but hearings are not required to be held in LTC facilities.

A translator is not required unless the AAA determines a significant number of attendees require translation services.

- 5. Summarize the comments received concerning minimum percentages of Title IIIB funds to meet the adequate proportion of funding for priority services.
- 6. List any other issues discussed or raised at the public hearing.
- 7. Note any changes to the Area Plan which were a result of input by attendees.



Priorities

The CCR, Article 3, Section 7312 requires that the AAA allocate an "adequate proportion" of federal funds to provide Access, In-Home Services, and Legal Assistance in the PSA. The annual minimum allocation for these priority services is to be determined by the AAA through the planning process.

In this 2020-24 planning cycle, the Office on Aging as determined the following minimum percentages for priority services:

- 42% for Access (Information & Assistance, Transportation, Case Management, and Outreach)
- 20% for In-Home Services
- 12% for Legal Assistance

In consideration of identifying priorities for service objectives, it is clear that performance objectives for this Area Plan period must be tailored to resources, which are limited. The needs are unquestionable; however the effects of resource limitations are being keenly felt by the providers of services in the Orange County aging network.

The Office on Aging intends to work as much as possible in collaborative efforts with other agencies and initiatives to maximize limited resources.

Goals and Objectives

The 2020-24 Area Plan has three broad System Building and Administration goals:

Goal #1 Inform and educate communities

Goal #2 To have coordinated service delivery and enhanced collaborative partnerships

Goal #3 Ensuring quality of services

First-year objectives are listed under each goal. Unless otherwise stated, all objectives will be addressed by Office on Aging staff.

Service Unit goals are entered into the Service Unit Plans.

SECTION 9 - AREA PLAN NARRATIVE GOALS AND OBJECTIVES PSA 22

Goal #1: Inform and educate communities

Rationale:

The vision of the Office on Aging is for Orange County to be the best place in America to age with dignity. The most commonly cited reason for non-use of available services and resources is lack of knowledge and awareness that they exist. Office on Aging will create greater awareness of available programs by serving as a lead advocate and educating the community and its partners in quality of life, independence, and options for older adults and adults with disabilities.

Objectives:	Projected Start and End Dates	Title IIIB Funded PD or C
1.1 The Office on Aging will expand the scope of traditional community outreach efforts to include increased education and awareness of resources and services available to older adults, caregivers, and persons with disabilities.	July 1, 2020 - June 30, 2024	N/A
 Collaborate with community partners and County agencies to incorporate an Office on Aging component into new staff trainings, such as HICAP new counselor training, other County programs, and volunteer trainings. 		
 Collaborate with other County agencies and programs, such as Social Services Agency, Veterans Service Office, and Health Care Agency, to expand outreach efforts to their clients. 		
 Partner with Orange County Board of Supervisors to co-host senior-focused events in the respective districts. 		
The Office on Aging senior advisory group, Senior Citizen Advisory Council (SCAC), will increase communication with community members and groups about upcoming SCAC meetings, especially those with an educational component.		
Analyze social media usage data and trends to determine the most effective outreach methods.		
Expand outreach efforts in ethnic communities by investigating and utilizing various modes of communication to determine the most effective methods.		
Review data related to predominant language spoken by older adults in Orange County and translate Office on Aging materials into new languages, as needed.		

Objectives:	Projected Start and End Dates	Title IIIB Funded PD or C
1.2 The Office on Aging will coordinate disaster preparedness plans and activities with local agencies to expand community education and awareness of emergency preparedness for older adults and persons with disabilities using the following methods:	July 1, 2020 - June 30, 2024	N/A
 The Office on Aging will distribute emergency/disaster preparedness packets. 		
The Office on Aging will distribute "File of Life" magnets with important life-saving information inserts upon the request of call center clients and during outreach events.		
 Expand collaboration and discussion with county agencies and contracted providers on the department's role in disaster response. 		
1.3 The Office on Aging will plan, arrange and/or provide presentations to groups of older adults, caregivers, and service providers. A minimum of forty presentations will be delivered over the course of the year.	July 1, 2020 - June 30, 2024	N/A
Topics may include: senior services overview, nutrition, exercise, fall prevention, medications, health promotion, advance healthcare directives, scams/fraud, or available health-related services.		
The Office on Aging Health Educator will partner with congregate sites and offer nutrition presentations throughout the year.		
 The Office on Aging staff will partner with contracted providers to expand information about OoA programs to their clients. 		
 1.4 The Office on Aging will prepare and distribute publications that increase awareness of the Office on Aging and available resources in the community. Quarterly newsletters 	July 1, 2020 - June 30, 2024	N/A
Office on Aging website content		
Social media campaigns		
 Year-end program report to recap provider performance and highlight services delivered and client stories. 		

Goal #2: To have coordinated service delivery and enhanced collaborative partnerships

Rationale:

The Office on Aging is charged with the responsibility of serving as lead advocate, systems planner and facilitator of services and programs for older adults and caregivers in Orange County. Consistent with the missions of OC Community Services and the Office on Aging, the Office on Aging will foster strategic partnerships addressing issues that relate to the health, well-being, independence, and dignity of older adults in Orange County. Limited resources demand cooperative approaches to service delivery and systems planning. In addition, population projections prove the urgent need for strategic planning for coordination of service delivery as the baby boomers reach retirement.

Objectives:	Projected Start and End Dates	Title IIIB Funded PD or C
2.1 The Office on Aging will continue as an advisory member of the Orange County Aging Services Collaborative. Participation on this committee requires ongoing contributions from the members and Office on Aging serves on the Communications, Family Caregiver, and Healthy Aging Initiative subcommittees. Office on Aging staff will support the ongoing activities of this collaborative by serving as a facilitator and planner on countywide initiatives.	July 1, 2020- June 30, 2024	N/A
2.2 The Office on Aging will maintain participation on the OC Strategic Plan on Aging committee initiatives. Activities include participation by Office on Aging staff on various subcommittees. Office on Aging will support the ongoing activities of this initiative by serving as a contributor to the development of the strategic plan and other projects.	July 1, 2020- June 30, 2024	N/A
2.3 The Office on Aging will continue the partnership with the Dayle McIntosh Center by maintaining the designated status for the ADRC (Aging and Disability Resource Connection) in Orange County, hosting and maintaining the ADRC website, reconvening the Advisory Committee and further implementing the core ADRC services.	July 1, 2020- June 30, 2024	N/A
2.4 The Office on Aging will continue to participate with other senior-based organizations, on community collaborative groups that address emergent issues, such as mental health, elder abuse, and substance abuse.	July 1, 2020- June 30, 2024	N/A
2.6 Establish and maintain partnerships with other county agencies such as the Health Care Agency and Social Services to share knowledge, information, address common challenges	July 1, 2020- June 30, 2024	N/A

Objectives:	Projected Start and End Dates	Title IIIB Funded PD or C
and create open lines of communication to better serve the target population.		
2.7 The Office on Aging will collaborate with the necessary agencies to provide input for the California Master Plan on Aging. The Office on Aging will support the agencies directly involved in creating the Master Plan and will provide access to pertinent aging information as necessary.	July 1, 2020- June 30, 2024	N/A
2.8 The Office on Aging will continue to partner with both the Orange County Transportation Authority (OCTA) and the Orange County Health Care Agency (HCA) to provide the Senior Non-Emergency Medical Transportation program. This collaboration may lead to a potential expansion of the program should other funding sources become available.	July 1, 2020- June 30, 2024	N/A
 2.9 The Office on Aging Health Educator will collaborate with community partners to offer five (5) evidence-based health promotion programs. 1. Chronic Disease Self-Management Program (CDSMP) 2. Tomando Control de su Salud 3. Diabetes Self-Management Program (DSMP) 4. Programa de Manejo Personal de la Diabetes 5. A Matter of Balance (AMOB) 	July 1, 2020- June 30, 2024	N/A
2.10 SCAC will develop long-term priority recommendations to present to the Orange County Board of Supervisors which will address senior needs and enhance alignment among county programs and services.	July 1, 2020- June 30, 2021	N/A

Goal #3: Ensuring quality of services

Rationale:

Enhance the quality of services through quality assurance protocols in order to better provide for the needs of program clients.

		T:41- !!!D
Objectives:	Projected Start and End Dates	Title IIIB Funded PD or C
3.1 The Office on Aging will ensure that clients are receiving excellent customer service and are satisfied by using these quality assurance protocols:	July 1, 2020- June 30, 2024	N/A
 An Information & Assistance call center follow-up survey will be conducted via telephone call or automated survey to a sample population of callers who contact the call center requesting community related referrals. The surveys will measure the callers overall experience and interaction with the Office on Aging staff member. The target goal will be to achieve a score of 90% or higher. 		
 The Office on Aging will collect and review summaries of customer satisfaction surveys distributed by applicable service providers. The OoA will analyze the results from these surveys and provide feedback to the service providers. Feedback may include, but not be limited to positive comments, areas of improvement, and recommendations for additional services not currently offered. The OoA will also provide technical assistance to the service providers on survey questions. 		
 Review post-surveys from health promotion workshops and follow-up with program lay leaders to discuss any performance or program implementation issues. 		
3.2 Collect and review evaluation forms from community education presentations conducted by Office on Aging staff or community partners, and follow-up on issues/recommendations as identified on the evaluation forms, when necessary.	July 1, 2020- June 30, 2024	N/A
3.3 Improve data collection and integrity to better measure activity, performance and quality by facilitating a development process to reach consensus on key data elements, definitions, collection submission of essential data and information, and measures for programs. Utilizing and researching current database capabilities to identify data and information required to	July 1, 2020- June 30, 2024	N/A

 measure the value of aging network programs and services. Create and maintain OoA Data Policy and Procedure Manual with supporting desk guides. Provide training aligned to continuous quality improvement efforts for data and program management by creating guidelines and operational guides to streamline processes. 		
3.4 Identify gaps in services by incorporating the applicable questions to our service providers' customer satisfaction surveys. Survey results will provide a more concrete list of services needed by older adults in the PSA. The Office on Aging can use the identified gaps in services to leverage additional funding for the older population of Orange County.	July 1, 2020- June 30, 2024	N/A
3.5 Office on Aging will provide contracted providers with the results from a technology survey developed by SCAC in order to improve efficiencies in program delivery through technological options and strategies.	July 1, 2020- June 30, 2021	N/A

TITLE III/VIIA SERVICE UNIT PLAN OBJECTIVES CCR Article 3, Section 7300(d)

The Service Unit Plan (SUP) uses the National Aging Program Information System (NAPIS) Categories and units of service. They are defined in the NAPIS State Program Report (SPR)

For services <u>not</u> defined in NAPIS, refer to the <u>Service Categories and Data Dictionary and</u> the National Ombudsman Reporting System (NORS) Instructions.

1. Report the units of service to be provided with <u>ALL funding sources</u>. Related funding is reported in the annual Area Plan Budget (CDA 122) for Titles IIIB, IIIC-1, IIIC-2, IIID, and VIIA. Only report services provided; others may be deleted.

Personal Care (In-Home)

Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	2,800		
2021-2022	2,800		
2022-2023	2,800		
2023-2024	2,800		

Homemaker (In-Home)

Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	5,800		
2021-2022	5,800		
2022-2023	5,800		
2023-2024	5,800		

Chore (In-Home)

Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	450		
2021-2022	450		
2022-2023	450		
2023-2024	450		

Home-Delivered Meal

Unit of Service = 1 meal

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	1,000,000		
2021-2022	1,000,000		
2022-2023	1,000,000		
2023-2024	1,000,000		

Adult Day/ Health Care (In-Home)

Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	42,000		
2021-2022	42,000		
2022-2023	42,000		
2023-2024	42,000		

Case Management (Access)

Unit of Service = 1 hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	12,000		
2021-2022	12,000		
2022-2023	12,000		
2023-2024	12,000		

Congregate Meals

Unit of Service = 1 meal

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	360,000		
2021-2022	360,000		
2022-2023	360,000		
2023-2024	360,000		

Transportation (Access)

Unit of Service = 1 one-way trip

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	30,000		
2021-2022	30,000		
2022-2023	30,000		
2023-2024	30,000		

Legal Assistance

Unit of Service = 1 hour

cgai Assistant			STILL OF SCHALES = 1 HO
Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	7,200		
2021-2022	7,200		
2022-2023	7,200		
2023-2024	7,200		

Nutrition Education

Unit of Service = 1 session per participant

			in the desired is described by burnespund
Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	14,000		
2021-2022	14,000		
2022-2023	14,000		
2023-2024	14,000		

Information and Assistance (Access)

Unit of Service = 1 contact

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	20,000		
2021-2022	20,000		
2022-2023	20,000		
2023-2024	20,000		

Outreach (Access)

Unit of Service = 1 contact

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (if applicable)
2020-2021	5,000		
2021-2022	5,000		
2022-2023	5,000		
2023-2024	5,000		

2. NAPIS Service Category – "Other" Title III Services

- □ Each <u>Title IIIB</u> "Other" service must be an approved NAPIS Program service listed above on the "Schedule of Supportive Services (III B)" page of the Area Plan Budget (CDA 122) and the CDA Service Categories and Data Dictionary.
- ☐ Identify <u>Title IIIB</u> services to be funded that were <u>not</u> reported in NAPIS categories. (Identify the specific activity under the Other Supportive Service Category on the "Units of Service" line when applicable.)

Title IIIB, Other Priority and Non-Priority Supportive Services

For all Title IIIB "Other" Supportive Services, use the appropriate Service Category name and Unit of Service (Unit Measure) listed in the CDA Service Categories and Data Dictionary.

Other Priority Supportive Services include: Alzheimer's Day Care, Comprehensive			
Assessment, Health, Mental Health, Public Information, Residential			
Repairs/Modifications, Respite Care, Telephone Reassurance, and Visiting			

Other Non-Priority Supportive Services include: Cash/Material Aid, Community Education, Disaster Preparedness Materials, Emergency Preparedness, Employment, Housing, Interpretation/Translation, Mobility Management, Peer Counseling, Personal Affairs Assistance, Personal/Home Security, Registry, Senior Center Activities, and Senior Center Staffing

All "Other" services must be listed separately. Duplicate the table below as needed.

Service Category: Senior Center Activities

Unit of Service = 1 Hour

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers
2020-2021	20,000		
2021-2022	20,000		
2022-2023	20,000		
2023-2024	20,000		

Service Category: Cash/Material Aid

Unit of Service = 1 Assistance

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers
2020-2021	20,000		
2021-2022	20,000		
2022-2023	20,000		
2023-2024	20,000		

Service Category: Community Education

Unit of Service = 1 Activity

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers
2020-2021	40		
2021-2022	40		
2022-2023	40		
2023-2024	40		

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers
2020-2021	1,000		
2021-2022	1,000		
2022-2023	1,000		
2023-2024	1,000		

3. Title IIID/ Disease Prevention and Health Promotion

Instructions for Title IIID Disease Prevention and Health Promotion: Enter the name of the proposed program to be implemented, proposed units of service and the Program Goal and Objective number(s) that provide a narrative description of the program, and explain how the service activity meets the criteria for evidence-based programs described in PM 15-10 if not ACL approved.

- 1. Chronic Disease Self-Management Program (CDSMP)
- 2. Tomando Control de su Salud
- 3. Diabetes Self-Management Program (DSMP)
- 4. Programa de Manejo Personal de la Diabetes
- 5. A Matter of Balance (AMOB)

Each of these programs has been deemed evidence-based by the Administration on Aging.

Unit of Service = 1 contact

 Title IIID/ Disease Prevention and Health Promotion: Enter required program goal and objective numbers in the Title III D Service Plan Objective Table below:

Fiscal Year	Proposed Units of Service	Goal Numbers	Objective Numbers (Required)
2020-2021	1,600	2	2.9
2021-2022	1,600	2	2.9
2022-2023	1,600	2	2.9
2023-2024	1,600	2	2.9

TITLE IIIB and Title VIIA: LONG-TERM CARE (LTC) OMBUDSMAN PROGRAM OUTCOMES

Baseline Measures not yet available from CDA.

2020-2024 Four-Year Planning Cycle

As mandated by the Older Americans Act Reauthorization Act of 2016, the mission of the LTC Ombudsman Program is to seek resolution of problems and advocate for the rights of residents of LTC facilities with the goal of ensuring their dignity, quality of life, and quality of care.

Each year during the four-year cycle, analysts from the Office of the State Long-Term Care Ombudsman (OSLTCO) will forward baseline numbers to the AAA from the prior fiscal year National Ombudsman Reporting System (NORS) data as entered into the Statewide Ombudsman Program database by the local LTC Ombudsman Program and reported by the OSTLCO in the State Annual Report to the Administration on Aging (AoA).

The AAA will establish targets each year in consultation with the local LTC Ombudsman Program Coordinator. Use the yearly baseline data as the benchmark for determining yearly targets. Refer to your local LTC Ombudsman Program's last three years of AoA data for historical trends. Targets should be reasonable and attainable based on current program resources.

Complete all Measures and Targets for Outcomes 1-3;

Outcome 1. The problems and concerns of long-term care residents are solved through complaint resolution and other services of the Ombudsman Program. Older Americans Act Reauthorization Act of 2016, Section 712(a)(3), (5)]

Measures and Targets:

A. Complaint Resolution Rate (NORS Element CD-08) (Complaint Disposition). The average California complaint resolution rate for FY 2017-2018 was 73%.

2010 was 1370.	
1. FY 2018-2019 Baseline Resolution Rate:	
Number of complaints resolved+ number of partia	lly resolved complaints
divided by the total number of complaints received	= Baseline Resolution Rate
% FY 2020-2021 Target Resolution Rate	_%
2. FY 2019-2020 Baseline Resolution Rate:	
Number of complaints partially or fully resolved	
of complaints received = Baseline Resolution R	ate%
FY 2021-2022 Target Resolution Rate%	

3. FY 2020 - 2021 Baseline Resolution Rate:
Number of complaints portially or fully recolved
Number of complaints partially or fully resolveddivided by the total number
of complaints received= Baseline Resolution Rate%
FY 2022-2023 Target Resolution Rate%
4. FY 2021-2022 Baseline Resolution Rate:
Number of complaints partially or fully resolveddivided by the total number
of complaints received = Baseline Resolution Rate%
FY 2023-2024 Target Resolution Rate
T 1 2020 2024 Target Nessiation Nate
Program Goals and Objective Numbers:
B. Work with Resident Councils (NORS Elements S-64 and S-65)
FY 2018-2019 Baseline: Number of Resident Council meetings attended
FY 2020-2021 Target:
2. FY 2019-2020 Baseline: Number of Resident Council meetings attended
FY 2021-2022 Target:
FY 2021-2022 Target: 3. FY 2020-2021 Baseline: Number of Resident Council meetings attended
FY 2022-2023 Target:
4. FY 2021-2022 Baseline: Number of Resident Council meetings attended
FY 2023-2024 Target:
1 1 2020 202 1 1digot
Program Goals and Objective Numbers:
C. Work with Family Councils (NORS Elements S-66 and S-67)
FY 2018-2019 Baseline: Number of Family Council meetings attended FY 2020-2021 Torract:
FY 2020-2021 Target:
2. FY 2019-2020 Baseline: Number of Family Council meetings attended
FY 2021-2022 Target:
3. FY 2020-2021 Baseline: Number of Family Council meetings attended
FY 2022-2023 Target:
4. FY 2021-2022 Baseline: Number of Family Council meetings attended
FY 2023-2024 Target:
Program Goals and Objective Numbers:
D. Information and Assistance to Escility Ctaff (NODC Florents C.50 and C.54) Count of
D. Information and Assistance to Facility Staff (NORS Elements S-53 and S-54) Count of
instances of Ombudsman representatives' interactions with facility staff for the purpose of
providing general information and assistance unrelated to a complaint. Information and
Assistance may be accomplished by telephone, letter, email, fax, or in-person.
Assistance may be accomplished by telephone, letter, email, fax, or in-person. 1. FY 2018-2019 Baseline: Number of Instances
Assistance may be accomplished by telephone, letter, email, fax, or in-person. 1. FY 2018-2019 Baseline: Number of Instances
Assistance may be accomplished by telephone, letter, email, fax, or in-person.
Assistance may be accomplished by telephone, letter, email, fax, or in-person. 1. FY 2018-2019 Baseline: Number of Instances FY 2020-2021 Target: 2. FY 2019-2020 Baseline: Number of Instances
Assistance may be accomplished by telephone, letter, email, fax, or in-person. 1. FY 2018-2019 Baseline: Number of Instances FY 2020-2021 Target:

	FY 2023-2024 Target:
Pr	ogram Goals and Objective Numbers:
i ;	Information and Assistance to Individuals (NORS Element S-55) Count of instances of Ombudsman representatives' interactions with residents, family members, friends, and others in the community for the purpose of providing general information and assistance unrelated to complaint. Information and Assistance may be accomplished by: telephone, letter, email, ax, or in person.
1.	FY 2018-2019 Baseline: Number of Instances FY 2020-2021 Target:
2.	FY 2019-2020 Baseline: Number of Instances FY 2021-2022 Target: FY 2020-2021 Baseline: Number of Instances
3.	FY 2020-2021 Baseline: Number of Instances FY 2022-2023 Target:
4.	FY 2021-2022 Baseline: Number of Instances FY 2023-2024 Target:
D	
	ogram Goals and Objective Numbers:
· (Community Education (NORS Element S-68) LTC Ombudsman Program participation in public events planned to provide information or instruction to community members about
- (Community Education (NORS Element S-68) LTC Ombudsman Program participation in public events planned to provide information or instruction to community members about the LTC Ombudsman Program or LTC issues. The number of sessions refers to the number of events, not the number of participants. This cannot include sessions that are counted as
1.	Community Education (NORS Element S-68) LTC Ombudsman Program participation in public events planned to provide information or instruction to community members about the LTC Ombudsman Program or LTC issues. The number of sessions refers to the number of events, not the number of participants. This cannot include sessions that are counted as Public Education Sessions under the Elder Abuse Prevention Program. FY 2018-2019 Baseline: Number of Sessions FY 2020-2021 Target: FY 2019-2020 Baseline: Number of Sessions
1.	Community Education (NORS Element S-68) LTC Ombudsman Program participation in public events planned to provide information or instruction to community members about the LTC Ombudsman Program or LTC issues. The number of sessions refers to the number of events, not the number of participants. This cannot include sessions that are counted as Public Education Sessions under the Elder Abuse Prevention Program. FY 2018-2019 Baseline: Number of Sessions FY 2020-2021 Target: FY 2019-2020 Baseline: Number of Sessions FY 2021-2022 Target: FY 2020-2021 Baseline: Number of Sessions
1.	Community Education (NORS Element S-68) LTC Ombudsman Program participation in public events planned to provide information or instruction to community members about the LTC Ombudsman Program or LTC issues. The number of sessions refers to the number of events, not the number of participants. This cannot include sessions that are counted as Public Education Sessions under the Elder Abuse Prevention Program. FY 2018-2019 Baseline: Number of Sessions FY 2020-2021 Target: FY 2019-2020 Baseline: Number of Sessions FY 2021-2022 Target:

One or more new systems advocacy efforts must be provided for each fiscal year Area Plan Update. In the relevant box below for the current Area Plan year, in narrative format, please provide at least one new priority systems advocacy effort the local LTC Ombudsman Program will engage in during the fiscal year. The systems advocacy effort may be a multi-year initiative, but for each year, describe the results of the efforts made during the previous year and what specific new steps the local LTC Ombudsman program will be taking during the upcoming year. Progress and goals must be separately entered each year of the four-year cycle in the appropriate box below.

Systems Advocacy can include efforts to improve conditions in one LTC facility or can be county-wide, state-wide, or even national in scope. (Examples: Work with LTC facilities to improve pain relief or increase access to oral health care, work with law enforcement entities to improve response and investigation of abuse complaints, collaboration with other agencies to improve LTC residents' quality of care and quality of life, participation in disaster preparedness planning, participation in legislative advocacy efforts related to LTC issues, etc.) Be specific about the actions planned by the local LTC Ombudsman Program. Enter information in the relevant box below.

FY 2020-2021

FY 2020-2021 Systems Advocacy Effort(s): (Provide one or more new systems advocacy efforts)

During the fiscal year, the Orange County LTC Ombudsman Program will increase its participation in Family Councils. The Program will focus on creating new Family Councils in LTC facilities that has shown a great need for it. We will use existing Family Council models to provide its benefits to and encourage participation from potential members.

The Program will also continue its focus on closely collaborating with the Elder Abuse Prevention Program's Financial Abuse Specialist Team (FAST) to help increase awareness and prevention of elder financial abuse within LTC facilities. The ombudsman representatives will use the information learned from FAST meetings to educate the families and caregivers of LTC residents on the latest trends in elder adult scams and recognize its warning signs.

FY 2021-2022

Outcome of FY 2020-2021 Efforts:

FY 2021-2022 Systems Advocacy Effort(s): (Provide one or more new systems advocacy efforts)

FY 2022-2023

Outcome of FY 2021-2022 Efforts:

FY 2022-2023 Systems Advocacy Effort(s): (Provide one or more new systems advocacy efforts)

FY 2023-2024

Outcome of 2022-2023 Efforts:

FY 2023-2024 Systems Advocacy Effort(s): (Provide one or more new systems advocacy efforts)

Outcome 2. Residents have regular access to an Ombudsman. [(Older Americans Act Reauthorization Act of 2016), Section 712(a)(3)(D), (5)(B)(ii)]

Measures and Targets:

A. Routine Access: Nursing Facilities (NORS Element S-58) Percentage of nursing facilities within the PSA that were visited by an Ombudsman representative at least once each quarter **not** in response to a complaint. The percentage is determined by dividing the number of nursing facilities in the PSA that were visited at least once each quarter not in response to a complaint by the total number of nursing facilities in the PSA. NOTE: This is not a count of *visits* but a count of *facilities*. In determining the number of facilities visited for this measure, no nursing facility can be counted more than once.

oneo.
FY 2018-2019 Baseline: Number of Nursing Facilities visited at least once a quarter not in response to a complaintdivided by the total number of Nursing Facilities = Baseline % FY 2020-2021 Target: %
2. FY 2019-2020 Baseline: Number of Nursing Facilities visited at least once a quarter not in response to a complaintdivided by the total number of Nursing Facilities = Baseline% FY 2021-2022 Target: %
3. FY 2020-2021 Baseline: Number of Nursing Facilities visited at least once a quarter not in response to a complaintdivided by the total number of Nursing Facilities = Baseline% FY 2022-2023 Target: %
4. FY 2021-2022 Baseline: Number of Nursing Facilities visited at least once a quarter not in response to a complaintdivided by the total number of Nursing Facilities = Baseline% FY 2023-2024 Target: %
Program Goals and Objective Numbers:
B. Routine access: Residential Care Communities (NORS Element S-61) Percentage of RCFEs within the PSA that were visited by an Ombudsman representative at least once each quarter during the fiscal year not in response to a complaint. The percentage is determined by dividing the number of RCFEs in the PSA that were visited at least once each quarter not in response to a complaint by the total number of RCFEs in the PSA. NOTE: This is not a count of <i>visits</i> but a count of <i>facilities</i> . In determining the number of facilities visited for this measure, no RCFE can be counted more than once.
FY 2018-2019 Baseline: Number of RCFEs visited at least once a quarter not in response to a complaintdivided by the total number of RCFEs = Baseline% FY 2020-2021 Target: %
F1 2020-2021 Taiget. %

FY 2019-2020 Baseline: Number of RCFEs visited at least once a quarter not in response to a complaintdivided by the total number of RCFEs= Baseline%
FY 2021-2022 Target: %
3. FY 2020-2021 Baseline: Number of RCFEs visited at least once a quarter not in response to a complaintdivided by the total number of RCFEs= Baseline% FY 2022-2023 Target: %
4. FY 2021-2022 Baseline: Number of RCFEs visited at least once a quarter not in response to a complaintdivided by the total number of RCFEs= Baseline%
FY 2023-2024 Target: %
Program Goals and Objective Numbers:
C. Number of Full-Time Equivalent (FTE) Staff (NORS Element S-23) This number may only include staff time legitimately charged to the LTC Ombudsman Program. Time spent working for or in other programs may not be included in this number. For example, in a local LTC Ombudsman Program that considers full-time employment to be 40 hour per week, the FTE for a staff member who works in the Ombudsman Program 20 hours a week should be 0.5, even if the staff member works an additional 20 hours in another program.
1. FY 2018-2019 Baseline:FTEs FY 2020-2021 Target:FTEs
2. FY 2019-2020 Baseline:FTEs FY 2021-2022 Target:FTEs
3. FY 2020-2021 Baseline:FTEs FY 2022-2023 Target:FTEs
4. FY 2021-2022 Baseline:FTEs FY 2023-2024 Target:FTEs
Program Goals and Objective Numbers:
D. Number of Certified LTC Ombudsman Volunteers (NORS Element S-24)
FY 2018-2019 Baseline: Number of certified LTC Ombudsman volunteers FY 2020-2021 Projected Number of certified LTC Ombudsman volunteers
FY 2019-2020 Baseline: Number of certified LTC Ombudsman volunteers FY 2021-2022 Projected Number of certified LTC Ombudsman volunteers Output Description: The project of the pro
FY 2020-2021 Baseline: Number of certified LTC Ombudsman volunteers FY 2022-2023 Projected Number of certified LTC Ombudsman volunteers FY 2022-2023 Projected Number of certified LTC Ombudsman volunteers
FY 2021-2022 Baseline: Number of certified LTC Ombudsman volunteers FY 2023-2024 Projected Number of certified LTC Ombudsman volunteers

Program Goals and Objective Numbers:	
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Outcome 3. Ombudsman representatives accurately and consistently report data about their complaints and other program activities in a timely manner. [Older Americans Act Reauthorization Act of 2016, Section 712(c)]

Measures and Targets:

In the box below, in narrative format, describe one or more specific efforts your program will undertake in the upcoming year to increase the accuracy, consistency, and timeliness of your National Ombudsman Reporting System (NORS) data reporting.

Some examples could include:

- Hiring additional staff to enter data
- Updating computer equipment to make data entry easier
- Initiating a case review process to ensure case entry is completed in a timely manner

The Orange County LTC Ombudsman Program will continue to work towards this goal by ensuring that volunteers and program staff regularly participate in the NORS Consistency Training provided by the OSLTCO. The Program Coordinator will follow up with the training attendees by having them sign an acknowledgment form stating their compliance with NORS data reporting requirements.

The Program Coordinator will also review randomly selected intake forms and case notes for quality assurance purposes. The Coordinator will use the areas of improvement found in these reviews to coach the ombudsman representative who originated the documents in question and check for understanding to avoid the same issue from happening again.

TITLE VIIA ELDER ABUSE PREVENTION SERVICE UNIT PLAN OBJECTIVES

Units of Service: AAA must complete at least one category from the Units of Service below.

Units of Service categories include public education sessions, training sessions for professionals, training sessions for caregivers served by a Title IIIE Family Caregiver Support Program, educational materials distributed, and hours of activity spent developing a coordinated system which addresses elder abuse prevention, investigation, and prosecution.

When developing targets for each fiscal year, refer to data reported on the Elder Abuse Prevention Quarterly Activity Reports. Set realistic goals based upon the prior year's numbers and the resources available. Activities reported for the Title VII Elder Abuse Prevention Program must be distinct from activities reported for the LTC Ombudsman Program. No activity can be reported for both programs.

AAAs must provide one or more of the service categories below.

NOTE: The number of sessions refers to the number of presentations and not the number of attendees

- Public Education Sessions –Indicate the total number of projected education sessions for the general public on the identification, prevention, and treatment of elder abuse, neglect, and exploitation.
- Training Sessions for Professionals –Indicate the total number of projected training sessions for professionals (service providers, nurses, social workers) on the identification, prevention, and treatment of elder abuse, neglect, and exploitation.
- Training Sessions for Caregivers Served by Title IIIE –Indicate the total number of projected training sessions for unpaid family caregivers who are receiving services under Title IIIE of the Older Americans Act (OAA) on the identification, prevention, and treatment of elder abuse, neglect, and exploitation. Older Americans Act Reauthorization Act of 2016, Section 302(3) 'Family caregiver' means an adult family member, or another individual, who is an informal provider of in-home and community care to an older individual or to an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction.
- Hours Spent Developing a Coordinated System to Respond to Elder Abuse –Indicate
 the number of hours to be spent developing a coordinated system to respond to elder
 abuse. This category includes time spent coordinating services provided by the AAA or its
 contracted service provider with services provided by Adult Protective Services, local law
 enforcement agencies, legal services providers, and other agencies involved in the
 protection of elder and dependent adults from abuse, neglect, and exploitation.

Educational Materials Distributed –Indicate the type and number of educational materials to

be distributed to the general public, professionals, and caregivers (this may include materials that have been developed by others) to help in the identification, prevention, and treatment of elder abuse, neglect, and exploitation.

• **Number of Individuals Served** –Indicate the total number of individuals expected to be reached by any of the above activities of this program.



TITLE VIIA ELDER ABUSE PREVENTION SERVICE UNIT PLAN OBJECTIVES

The agency receiving Title VIIA Elder Abuse Prevention funding is: ______

Fiscal Year	Total # of Public Education Sessions
2020-2021	25
2021-2022	25
2022-2023	25
2023-2024	25

Fiscal Year	Total # of Training Sessions for Professionals
2020-2021	18
2021-2022	18
2022-2023	18
2023-2024	18

Fiscal Year	Total # of Training Sessions for Caregivers served by Title IIIE
2020-2021	6
2021-2022	6
2022-2023	6
2023-2024	6

Fiscal Year	Total # of Hours Spent Developing a Coordinated System
2020-2021	300
2021-2022	300
2022-2023	300
2023-2024	300

Fiscal Year	Total # of Copies of Educational Materials to be Distributed	Description of Educational Materials
2020-2021	6000	FAST brochure and bookmarks
		Healthcare Fraud brochure from SMP
		Materials relevant to specific subject matter
2021-2022	6000	FAST brochure and bookmarks
		Healthcare Fraud brochure from SMP
		Materials relevant to specific subject matter
2022-2023	6000	FAST brochure and bookmarks
		Healthcare Fraud brochure from SMP
		Materials relevant to specific subject matter

Fiscal Year	Total # of Copies of Educational Materials to be Distributed	Description of Educational Materials
2023-2024	6000	FAST brochure and bookmarks
		Healthcare Fraud brochure from SMP
		Materials relevant to specific subject matter

Fiscal Year	Total Number of Individuals Served
2020-2021	3500
2021-2022	3500
2022-2023	3500
2023-2024	3500

TITLE IIIE SERVICE UNIT PLAN OBJECTIVES

CCR Article 3, Section 7300(d)

2020-2024 Four-Year Planning Period

This Service Unit Plan (SUP) uses the five broad federally mandated service categories. Refer to the CDA Service Categories and Data Dictionary Revisions Effective July 2018 for eligible activities and service unit measures. Specify proposed audience size or units of service for ALL budgeted funds.

Direct and/or Contracted IIIE Services

CATEGORIES	1	2	3
Family Caregiver Services Caring for Elderly	Proposed Units of Service	Required Goal #(s)	Optional Objective #(s)
Information Services	# of activities and Total est. audience for above		
2020-2021	# of activities: 300 Total est. audience for above: 200,000		
2021-2022	# of activities: 300 Total est. audience for above: 200,000		
2022-2023	# of activities: 300 Total est. audience for above: 200,000		
2023-2024	# of activities: 300 Total est. audience for above: 200,000		
Access Assistance	Total contacts		
2020-2021	22,000		
2021-2022	22,000		
2022-2023	22,000		
2023-2024	22,000		

Access Assistance	Total contacts	
Support Services	Total hours	
2020-2021	6,000	
2021-2022	6,000	
2022-2023	6,000	
2023-2024	6,000	
Respite Care	Total hours	
2020-2021	5,500	
2021-2022	5,500	
2022-2023	5,500	
2023-2024	5,500	
Supplemental Services	Total occurrences	
2020-2021	75	
2021-2022	75	
2022-2023	75	
2023-2024	75	

Direct and/or Contracted IIIE Services

Grandparent Services Caring for Children	Proposed Units of Service	Required Goal #(s)	Optional Objective #(s)
Information Services	# of activities and Total est. audience for above	N/A	
2020-2021	# of activities: Total est. audience for above:		
2021-2022	# of activities: Total est. audience for above:		
2022-2023	# of activities: Total est. audience for above:		
2023-2024	# of activities: Total est. audience for above:		

Grandparent Services Caring for Children	Proposed Units of Service	Required Goal #(s)	Optional Objective #(s)
Access Assistance	Total contacts	N/A	
2020-2021			
2021-2022			
2022-2023			
2023-2024			
Support Services	Total hours	N/A	
2020-2021			
2021-2022			
2022-2023			
2023-2024			
Respite Care	Total hours	N/A	
2020-2021			
2021-2022			
2022-2023			
2023-2024			
Supplemental Services	Total occurrences	N/A	
2020-2021			
2021-2022			
2022-2023			
2023-2024			

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP) SERVICE UNIT PLAN CCR Article 3, Section 7300(d)

MULTIPLE PSA HICAPs: If you are a part of a <u>multiple-PSA HICAP</u> where two or more AAAs enter into an agreement with one "Managing AAA," to deliver HICAP services on their behalf to eligible persons in their AAA, then each AAA is responsible for providing HICAP services in the covered PSAs in a way that is agreed upon and equitable among the participating parties.

HICAP PAID LEGAL SERVICES: Complete this section if your Master Contract contains a provision for using HICAP funds to provide HICAP Legal Services.

STATE & FEDERAL PERFORMANCE TARGETS: The Administration for Community Living (ACL) establishes targets for the State Health Insurance Assistance Program (SHIP)/HICAP performance measures (PMs). ACL introduced revisions to the SHIP PMs in late 2016 in conjunction with the original funding announcement (ref HHS-2017-ACL-CIP-SAPG-0184) for implementation with the release of the Notice of Award (Grant No. 90SAPG0052-01-01 issued July 2017).

The new five federal PMs generally reflect the former seven PMs (PM 2.1 through PM 2.7), except for PM 2.7, (Total Counseling Hours), which was removed because it is already being captured under the *SHIP Annual Resource Report*. As a part of these changes, ACL eliminated the performance-based funding scoring methodology and replaced it with a Likert scale comparison model for setting National Performance Measure Targets that define the proportional penetration rates needed for improvements.

Using ACL's approach, CDA HICAP provides State and Federal Performance Measures with goal-oriented targets for each AAA's Planning and Service Area (PSA). One change to all PMs is the shift to county-level data. In general, the State and Federal Performance Measures include the following:

- PM 1.1 Clients Counseled ~ Number of finalized Intakes for clients/ beneficiaries that received HICAP services
- PM 1.2 Public and Media Events (PAM) ~ Number of completed PAM forms categorized as "interactive" events
- PM 2.1 Client Contacts ~ Percentage of one-on-one interactions with any Medicare beneficiaries
- ➤ PM 2.2 PAM Outreach Contacts ~ Percentage of persons reached through events categorized as "interactive"
- PM 2.3 Medicare Beneficiaries Under 65 ~ Percentage of one-on-one interactions with Medicare beneficiaries under the age of 65
- ➤ PM 2.4 Hard-to-Reach Contacts ~ Percentage of one-on-one interactions with "hard-to-reach" Medicare beneficiaries designated as:
 - o PM 2.4a Low-income (LIS)
 - o PM 2.4b Rural
 - PM 2.4c English Second Language (ESL)
- PM 2.5 Enrollment Contacts ~ Percentage of contacts with one or more qualifying enrollment topics discussed

AAA's should demonstrate progress toward meeting or improving on the Performance requirements established by CDA and ACL as is displayed annually on the *HICAP State and Federal Performance Measures* tool located online at: https://www.aging.ca.gov/Providers_and_Partners/Area_Agencies_on_Aging/#pp-planning. (Reference CDA PM 17-11 for further discussion, including current HICAP Performance Measures and Definitions).

For current and future planning, CDA requires each AAA ensure that HICAP service units and related federal *Annual Resource Report* data are documented and verified complete/ finalized in CDA's Statewide HICAP Automated Reporting Program (SHARP) system per the existing contractual reporting requirements. HICAP Service Units do not need to be input in the Area Plan (with the exception of HICAP Paid Legal Services, where applicable).

HICAP Legal Services Units of Service (if applicable) 6

Fiscal Year (FY)	3.1 Estimated Number of Clients Represented Per FY (Unit of Service)	Goal Numbers
2020-2021	N/A	
2021-2022		
2022-2023		
2023-2024		

Fiscal Year (FY)	3.2 Estimated Number of Legal Representation Hours Per FY (Unit of Service)	Goal Numbers
2020-2021	N/A	
2021-2022		
2022-2023		
2023-2024		

Fiscal Year (FY)	3.3 Estimated Number of Program Consultation Hours Per FY (Unit of Service)	Goal Numbers
2020-2021	N/A	
2021-2022		
2022-2023		
2023-2024		

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⁴ Requires a contract for using HICAP funds to pay for HICAP Legal Services.

COMMUNITY FOCAL POINTS LIST

CCR Title 22, Article 3, Section 7302(a)(14), 45 CFR Section 1321.53(c), (Older Americans Act Reauthorization Act of 2016, Section 306(a)

In the form below, provide the current list of designated community focal points and their addresses. This information must match the total number of focal points reported in the National Aging Program Information System (NAPIS) State Program Report (SPR), i.e., California Aging Reporting System, NAPISCare, Section III.D.

Designated Community Focal Point	Address
Abrazar	7101 Wyoming
	Westminster, CA 92683
Abrazar at Midway City Community Center	14900 Park Lane
	Midway City, CA 92655
Anaheim Senior Citizen Center	250 E. Center
	Anaheim, CA 92805
Asian American Senior Citizens Service Center	850 N. Birch St.
	Santa Ana, CA 92701
Bell Tower Regional Community Center	22232 El Paseo
	Rancho Santa Margarita, CA 92688
Brea Senior Center	500 S. Sievers Avenue
	Brea, CA 92821
Brookhurst Community Center	2271 W. Crescent Ave
	Anaheim, CA 92801
Buena Park Senior Activity Center	8150 Knott Avenue
	Buena Park, CA 90620
The Center at Founders Village Senior & Community Center	17967 Bushard Street
	Fountain Valley, CA 92708
	Tournam vamey, er tour co
Anaheim Independencia Senior Center	10841 Garza
	Anaheim, CA 92804
Y	
Costa Mesa Senior Center	695 West 19th Street
Cooka Micoa Comer Contain	Costa Mesa, CA 92627
Cypress Senior Citizen Center	9031 Grindlay
- 17F-1322 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Cypress, CA 90603
	7,5.55, 5
Dana Point Senior Center	34052 Del Obispo
	Dana Point, CA 92629
	Dana 1 ont, 07 (02020

Dorothy Visser Senior Center	117 Avenida Victoria
,,	San Clemente, CA 92672
	,
El Modena Family Resource Center	18672 East Center Street
,	Orange, CA 92869
	3.,
Florence Sylvester Memorial Senior Center	23721 Moulton Parkway
	Laguna Hills, CA 92653
	130 11 1, 1 1 1 1
Fullerton Senior & Community Center	340 W. Commonwealth
, , , , , , , , , , , , , , , , , , ,	Fullerton, CA 92832
H. Louis Lake Senior Center	11300 Stanford Avenue
	Garden Grove, CA 92840
	Cardon Crove, Grice 10
Jewish Federation & Family Services	1 Federation Way
Committe Cacration at airmy Convices	Irvine, CA 92603
	HVIIIC, OA 02000
Korean American Seniors Assn. of OC	9884 Garden Grove Blvd
Troncair American Schiolo 7 (331). Of Ge	Garden Grove, CA 92844
	Galdell Glove, GA 32044
La Habra Community Center	101 West La Habra Blvd
La Habia Community Center	La Habra, CA 90631
	La Habia, OA 90051
La Palma Senior Club	7821 Walker St
La i alina Senioi Cido	La Palma, CA 90623
	La Fairia, CA 90025
Lake Forest Senior Center	100 Civic Center Dr.
Lake Forest Seriior Ceriter	Lake Forest, CA 92630
	Lake Folest, CA 92030
Lakeview Senior Center	20 Lake Road
Lakeview Seriioi Ceritei	Irvine, CA 92604
	11 VIII.E, CA 92004
Los Alamitas Pagragtian & Community Sorvings	10911 Oak St.
Los Alamitos Recreation & Community Services	
	Los Alamitos, CA 90720
Norman D. Murray Caniar Cantar	24022 Veterone Wey
Norman P. Murray Senior Center	24932 Veterans Way
	Mission Viejo, CA 92692
North Cool Doods Community Contor	2222 Ot Claud Drive
North Seal Beach Community Center	3333 St. Cloud Drive
	Seal Beach, CA 90740
Ossis Caniar Cantar	204 Noveigous Average
Oasis Senior Center	801 Narcissus Avenue
	Newport Beach, CA 92625
	170.0 (1.0); 6:
Orange Senior Center	170 South Olive St.
	Orange, CA 92866
Placentia Senior Center	143 S. Bradford Avenue
	Placentia, CA 92870

Rancho Senior Center	3 Ethel Coplen Way
	Irvine, CA 92612
	,
San Juan Capistrano Community Services	25925 Camino Del Avion
	San Juan Capistrano, CA 92675
Santa Ana Senior Center	424 W. Third St.
	Santa Ana, CA 92701
Sea Country Senior & Community Center	24602 Aliso Creek Road
	Laguna Niguel, CA 92677
Seal Beach Senior Center	707 Electric Ave.
	Seal Beach, CA 90740
	10011011
Senior Center in Central Park	18041 Goldenwest Street
	Huntington Beach, CA 92648
Ocytheric Ochteria Indian Ocyten Inc	40475 Olatan Asia 11450
Southern California Indian Center, Inc.	10175 Slater Ave. #150
	Fountain Valley, CA 92708
Courthland Integrated Company	1618 W. 1 st . St.
Southland Integrated Services	Santa Ana, CA 92703
	Salita Alia, GA 92703
Southwest Senior Center	2201 W. McFadden Ave.
Countivest comor center	Santa Ana, CA 92704
	Garia vira, Gri GZ7 G T
Stanton Senior Center	7800 Katella Ave.
	Stanton, CA 90680
The Susi Q. Senior Center (Laguna Beach Senior	380 Third Street
Center)	
	Laguna Beach, CA 92651
Trabuco Center	5701 Trabuco Road
	Irvine, CA 92620
Tustin Area Senior Center	200 S. "C" St.
	Tustin, CA 92780
Westminster Senior Center	8200 Westminster Blvd.
	Westminster, CA 92683
Yorba Linda Senior Center	4501 Casa Loma
	Yorba Linda, CA 92886

SECTION 12 - DISASTER PREPAREDNESS

Disaster Preparation Planning Conducted for the 2020-2024 Planning Cycle Older Americans Act Reauthorization Act of 2016, Section 306(a)(17); 310, CCR Title 22, Sections 7529 (a)(4) and 7547, W&I Code Division 8.5, Sections 9625 and 9716, CDA Standard Agreement, Exhibit E, Article 1, 22-25, Program Memo 10-29(P)

 Describe how the AAA coordinates its disaster preparedness plans and activities with local emergency response agencies, relief organizations, state and local governments, and other organizations responsible for emergency preparedness and response as required in OAA, Title III, Section 310:

The Orange County Office on Aging is a County government office which falls under the County's Emergency Management Bureau (EMB) plan for disaster preparedness. The EMB for Orange County has an Emergency Operations Center (EOC) that functions as the communication and coordination center for both the County and Operational Area emergency response organization and disaster preparedness, providing a central point for coordinating operational, administrative, and support needs of the County and Operational Area Members. It also assists in coordination and communication between Mutual Aid Coordinators and the State Office of Emergency Services during County-wide and State-wide emergency response and recovery operations. The Orange County EOC can be used to gather and process information to and from the County, cities, school and special districts, business and industry, volunteer organizations, individuals, and State and federal government agencies. It has the ability to function as a virtual EOC so that Operational Area Members may communicate between EOCs without co-location. In addition, the EOC may become responsible for managing the tactical operations of regional resources designed to more efficiently use the pooled resources of Operational Area Members or external resources to benefit the Operational Area as a whole.

The Orange County Office on Aging is a registered organization with AlertOC, a mass notification system designed to keep Orange County residents and businesses informed of emergencies and certain community events. By registering with AlertOC, time-sensitive voice messages from the County or city in which you live or work may be sent to your home, cell or business phone. Text messages may also be sent to cell phones, e-mail accounts and hearing impaired receiving devices.

2. Identify each of the local Office of Emergency Services (OES) contact person(s) within the PSA that the AAA will coordinate with in the event of a disaster (add additional information as needed for each OES within the PSA):

Name	Title	Telephone	Email
Don Barnes	Orange County Sheriff	Office: (714) 647-7000	OAAdmin@ocsd.org
550 N Flower St Santa Ana, CA 92703		(949) 770-6011 Cell:	
Donna Boston 2644 Santiago Canyon	Director, Office of Emergency Management	(714) 628-7054	
Road Silverado, CA 92676		After-Hours Emergency Only Contact Number:	
		(714) 628-7008	

3. Identify the Disaster Response Coordinator within the AAA:

Name	Title	Telephone	Email
	Administrative		Francis.barton@occr.ocg
Francis Barton	Manager I		ov.com
	· ·		

4. List critical services the AAA will continue to provide after a disaster and describe how these services will be delivered:

Critical Services

How Delivered?

a. I&A	a Remote capabilities allow I&A to be redirected
	to alternate locations if needed, or out-stationed at
	Local Assistance Centers in the community.
	Emergency notifications can be posted on the
	Office on Aging website as a means for
	communicating importance information to clients
	and service providers.
b. HDM/In-Home Services	b Service providers maintain protocols for
b. Helwitt-Home dervices	continuing service to their clients.
c. Congregate Meals	c Service providers maintain protocols for
	continuing service to their clients.
d. Elder Abuse/Ombudsman	d Service providers maintain protocols for
	continuing service to their clients.

5. List any agencies with which the AAA has formal emergency preparation or response agreements.

The Orange County Office on Aging does not have formal agreements with agencies for emergency preparation or response. However, as previously stated in this section, the Orange County Emergency Management Bureau maintains formal agreements between the County and various agencies via MOU for emergency preparation and disaster response. These agencies include over 25 County departments, 34 cities, 32 special districts, 33 school districts and community college/college districts, 32 volunteers organizations and programs such as the American Red Cross and 2-1-1 Orange County.

- 6. Describe how the AAA will:
 - Identify vulnerable populations.

Older adults, caregivers, and persons with disabilities are all considered to be vulnerable populations particularly in the event of a disaster. However, individuals who are most at risk are those living in a care facility, living alone, isolated or homebound, or require assistance due to a physical or mental disability. Coordination with service providers whose clients are in these vulnerable categories will help to identify and reach out to them during a disaster. Such service providers include; Adult Day Care Centers, IHSS, Home Delivered Meals, Senior Non-Emergency Medical Transportation, Regional Centers, Independent Living Centers, and the Ombudsman program.

• Follow-up with these vulnerable populations after a disaster event.

Client files for each of the programs serving vulnerable populations include contact information as well as emergency contact information. Collaborating with Office on Aging services providers, I&A staff can assist with follow-up calls to ensure the safety of individuals registered with those programs. In the event that contact is not made with a particular client, staff and volunteers can notify local first responders such as police, fire, or disaster workers.

2020-2024 Four-Year Planning Cycle

Funding for Access, In-Home Services, and Legal Assistance

The CCR, Article 3, Section 7312, requires the AAA to allocate an "adequate proportion" of federal funds to provide Access, In-Home Services, and Legal Assistance in the PSA. The annual minimum allocation is determined by the AAA through the planning process. The minimum percentages of applicable Title III B funds⁷ listed below have been identified for annual expenditure throughout the four-year planning period. These percentages are based on needs assessment findings, resources available within the PSA, and discussions at public hearings on the Area Plan.

Category of Service and the Percentage of Title III B Funds expended in/or to be expended in FY 2020-21 through FY 2023-2024

Access:

Transportation, Assisted Transportation, Case Management, Information and Assistance, Outreach, Comprehensive Assessment, Health, Mental Health, and Public Information

2020-21 42 % 21-22 42 % 22-23 42 % 23-24 42 %

In-Home Services:

Personal Care, Homemaker, Chore, Adult Day / Health Care, Alzheimer's, Residential

2020-21 20 % 21-22 20 % 22-23 20 % 23-24 20 %

Legal Assistance Required Activities:8

Legal Advice, Representation, Assistance to the Ombudsman Program and Involvement in the Private Bar

2020-21 <u>12</u>% 21-22 <u>12</u>% 22-23 <u>12</u>% 23-24 <u>12</u>%

Explain how allocations are justified and how they are determined to be sufficient to meet the need for the service within the PSA. <u>Allocations are based on past years' funding levels and service level trends and results from the needs assessment.</u>

Minimum percentages of applicable funds are calculated on the annual Title IIIB baseline allocation, minus Title IIIB administration and minus Ombudsman. At least one percent of the final Title IIIB calculation must be allocated for each "Priority Service" category or a waiver must be requested for the Priority Service category(s) that the AAA does not intend to fund.

⁶ Legal Assistance must include all the following activities: Legal Advice, Representation, Assistance to the Ombudsman Program and Involvement in the Private Bar.

SECTION 14 - NOTICE OF INTENT TO FROVIDE DIRECT SERVICES	SECTION 14 - NOTICE	OF INTENT TO	PROVIDE DIRECT	SERVICES
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PSA	

CCR Article 3, Section 7320 (a)(b) and 42 USC Section 3027(a)(8)(C)

If a AAA plans to directly provide any of the following services, it is required to provide a description of the methods that will be used to assure that target populations throughout the PSA will be served.

☐ Check if not providing any of the below listed direct services.

Check applicable direct services Title IIIB	<u>Check</u> ea	ach applical 21-22	ole Fiscal	Year 23-24
	\boxtimes			\boxtimes
☐ Case Management				
Outreach Outreach	\boxtimes			\boxtimes
☐ Program Development				
☐ Coordination				
☐ Long Term Care Ombudsman				
Title IID	20-21	21-22	22-23	23-24
□ Disease Prevention and Health Promo.	\boxtimes		\boxtimes	\boxtimes
Title IIIE ⁹	20-21	21-22	22-23	23-24
☐ Information Services				
			\boxtimes	\boxtimes
☐ Support Services				
Title VIIA	20-21	21-22	22-23	23-24
☐ Long Term Care Ombudsman				
Title VII	20-21	21-22	22-23	23-24
□ Prevention of Elder Abuse, Neglect, and Exploitation.				

Describe methods to be used to ensure target populations will be served throughout the PSA.

The Office on Aging operates a state-of-the-art call center with the capacity to directly connect callers with referral agencies. The Office on Aging toll-free number has been widely marketed in Orange County, and Office on Aging is increasingly recognized by service agencies and the general public as the single point of entry for information on programs and services for older adults, their families and caregivers. The Office on Aging will continue to target services to those having the greatest social and economic need, including ethnic minorities, caregivers, frail elderly and/or disabled, and low-income older adults; through cooperative efforts with others in the aging network.

The Office on Aging health educator has developed a well-established network of contacts with a broad spectrum of direct service providers in Orange County, including those addressing the needs of individuals having the greatest social and economic need, caregivers, ethnic minorities,

frail elderly and/or disabled. The health educator manages the Chronic Disease Self-Management Programs, including Tomando Control de su Salud, and offers these classes in a variety of settings such as community centers, senior apartment complexes, and churches. Currently in addition to English, lay leaders can offer CDSMP in Spanish, Vietnamese, and Chinese.



SECTION 15 - REQUEST FOR APPROVAL TO PROVIDE DIRECT SERVICES PSA 22

Older Americans Act Reauthorization Act of 2016 Section	_
307(a)(8)	
CCR Article 3, Section 7320(c), W&I Code Section 9533(f)	

Complete and submit for CDA approval a separate Section 15 for each direct service not

specified in Section 14. The request for approval may include multiple funding sources for a specific service.
☐ Check box if not requesting approval to provide any direct services.
Identify Service Category: Community Education
Check applicable funding source:10
X IIIB
□ IIIC-1
□ <u>IIIC-2</u>
□ IIIE
□ VIIA
□ HICAP
Request for Approval Justification:
 Necessary to Assure an Adequate Supply of Service <u>OR</u> □ More cost effective if provided by the AAA than if purchased from a comparable service provider.
Check all fiscal year(s) the AAA intends to provide service during this Area Plan cycle.

X FY 20-21 X FY 21-22 X FY 22-23 X FY 23-24

Provide: documentation below that substantiates this request for direct delivery of the above stated service 11: Community groups and organizations often make request of the Office on Aging staff to provide or coordinate education sessions. By including community education as a direct service we will be able to fulfill this community need. The Office on Aging Information and Assistance staff and the health educator are experienced and equipped to provide this service. Increasing the Office on Aging presence in the

community will also raise awareness of our programs and of the call center.

Identify Service Category: <u>Disaster Preparedness Materials</u>
Check applicable funding source:10
X IIIB
□ IIIC-1
□ <u>IIIC-2</u>
□ IIIE
□ VIIA
□ HICAP
Request for Approval Justification:
 □ Necessary to Assure an Adequate Supply of Service <u>OR</u> ☑ More cost effective if provided by the AAA than if purchased from a comparable service provider.
Check all fiscal year(s) the AAA intends to provide service during this Area Plan cycle.

Provide: documentation below that substantiates this request for direct delivery of the above stated service 11 Individual community members and organizations call the Office on Aging call center requesting disaster preparation information and materials because of the wildfire, earthquake and heat threats that Orange County residents face. Providing disaster preparedness materials would fulfill this community need. The Office on Aging Information and Assistance staff regularly mail information and pre-prepared packet to community members, such as caregiver packets. Providing disaster packets would be a natural fit

within the call center.

X FY 20-21 X FY 21-22 X FY 22-23 X FY 23-24

Section 15 does not apply to Title V (SCSEP).

For a HICAP direct services waiver, the managing AAA of HICAP services must document that all affected AAAs agree.

GOVERNING BOARD MEMBERSHIP 2020-2024 Four-Year Area Plan Cycle

CCR Article 3, Section 7302(a)(11)	
Total Number of Board Members: 5	
Name and Title of Officers:	Office Term Expires:
Andrew Do 1 st District – Vice Chair	2021
Michelle Steel 2 nd District – Chair	2023
Don Wagner 3 rd District	2021
Doug Chaffee 4 th District	2023
Lisa Bartlett 5 th District	2023
Names and Titles of All Members:	Board Term Expires:
Maries and Titles of All Members.	Board Term Expires.

Explain any expiring terms – have they been replaced, renewed, or other? N/A

SECTION 17 - ADVISORY COUNCIL

ADVISORY COUNCIL MEMBERSHIP 2020-2024 Four-Year Planning Cycle

Older Americans Act Reauthorization Act of 2016 Section 306(a)(6)(D) 45 CFR, Section 1321.57 CCR Article 3, Section 7302(a)(12)

Total Council Membership (include vacancies) <u>40</u>

Number of Council Members over age 60 24

	% of PSA's	% on
	60+Population	Advisory Council
Race/Ethnic Composition		
White	<u>59.5%</u>	71.0%
Hispanic	15.4%	22.6%
Black	1.4%	0%
Asian/Pacific Islander	<u>21.9%</u>	6.5%
Native American/Alaskan Native	0.5%	0%
Other		

Name and Title of Officers:

Office Term Expires:

Elaine Gennawey – Chair	12/31/21
Anthony Allevato - Vice Chair	12/31/21
Guadalupe Leon - Treasurer	12/31/19
Elizabeth Busick - Secretary	12/31/21
John Pointer – Past Chair	12/31/21
Eugene Hernandez – Member-At-Large	12/31/21
Dave Tetzlaff – Member-At-Large	12/31/20

Name and Title of other members:

Office Term Expires:

Linda J. Barcelona	12/31/17
Denise Barnes	12/31/20
Anna T. Boyce	12/31/20
Patrick Brenden	12/31/20
Carol Downey	12/31/20
Dee Erman	12/31/20
Marilyn Federow	12/31/20

12/31/21
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12/31/20
12/31/21

Indicate which member(s) represent each of the "Other Representation" categories listed below.

Yes	No	
Χ	☐ Low Income	
Χ	☐ Representative Disabled	
Χ	☐ Representative	
Sup	portive Services	
Χ	☐ Provider Representative	
Χ	☐ Health Care Provider	
Rep	resentative	
Χ	☐ Family Caregiver	
Rep	resentative Local	
Χ	☐ Elected Officials	
Χ	☐ Individuals with	
	Leadership Experience	
	in Private and Voluntary	
	Sectors	
E	xplain any " No " answer(s):	_

Explain any expiring terms - have they been replaced, renewed, or other?

The advisory board bylaws allow for a member to remain in his/her seat until reappointed by the appointing body or another person is appointed into the seat. Although efforts are made to avoid expired terms, due to the nature of the advisory seats, some members are not reappointed prior to the end of the term.

Briefly describe the local governing board's process to appoint Advisory Council members:

The Board of Supervisors appoints twelve members, the City Selection Committee appoints ten members, and the council itself appoints the remaining eighteen members. All members appointed by the Board of Supervisors and by the City Selection Committee shall serve at the pleasure of the appointing body except that the Board of Supervisors, by majority vote, may reject appointment by any authority. Service beyond a two-year term shall be considered by the appointing authority at the end of each two-year term. A member who has not been reappointed or replaced at the termination date of appointment shall serve as a member until reappointed or replaced unless the appointing authority rules otherwise.

2020-2024 Four-Year Area Planning Cycle

This section <u>must</u> be completed and submitted annually. The Older Americans Act Reauthorization Act of 2016 designates legal assistance as a priority service under Title III B [42 USC §3026(a)(2)] ¹² CDA developed *California Statewide Guidelines for Legal Assistance* (Guidelines), which are to be used as best practices by CDA, AAAs and LSPs in the contracting and monitoring processes for legal services, and located at: https://aging.ca.gov/Providers_and_Partners/Legal_Services/#pp-gg

1. Specific to Legal Services, what is your AAA's Mission Statement or Purpose Statement? Statement must include Title IIIB requirements: **Discuss:**

The Legal Services mission of PSA 22 is to support the Legal Services Provider (LSP) by providing Title IIIB funds to supplement the existing program's funding level so that Orange County older adults in the greatest social and economic need will be provided access to legal services.

2. Based on your local needs assessment, what percentage of Title IIIB funding is allocated to Legal Services? **Discuss:**

A minimum of 12 percent.

3. Specific to Legal Services, has there been a change in your local needs in the past four years? If so, please identify the change (include whether the change affected the level of funding and the difference in funding levels in the past four years). Yes/No, Discuss:

There continues to be a high demand for legal assistance for older adults, most of which present varying degrees of complexity. Increased referrals for elder abuse (including financial elder abuse and consumer scams) and landlord-tenant disputes can be attributed to the prevalence of fraud and surge in housing/rental prices within the PSA. There has also been an increased demand in requests of conservatorships and workshops to discuss other legal matters, such as obtaining power of attorney and creating advanced health care directives.

4. Specific to Legal Services, does the AAA's contract/agreement with the Legal Services Provider(s) (LSPs) specify that the LSPs are expected to use the California Statewide Guidelines in the provision of OAA legal services? **Yes/No, Discuss:**

Yes. The requirement to use the California Statewide Guidelines in the provision of OAA legal services is included in the provider contract scope of services.

5. Does the AAA collaborate with the Legal Services Provider(s) to jointly establish specific priorities issues for legal services? If so what are the top four (4) priority legal issues in your PSA? Yes/No, Discuss:

Yes. The AAA and LSP collaborated to establish the following legal service priority issues:

- 1) Housing (landlord and tenant issues and subsidized housing)
- 2) Income Maintenance (including government benefits like Social Security and SSI)

- 3) Elder Abuse (including financial elder abuse and consumer scams)
- 4) Consumer Issues (probate, debt collection, and bankruptcy)
- **6.** Specific to Legal Services, does the AAA collaborate with the Legal Services Provider(s) to jointly identify the target population? If so, what is the targeted senior population in your PSA <u>AND</u> what mechanism is used for reaching the target population? **Yes/No, Discuss:**

Yes. The AAA and LSP collaborates on identifying a target population by analyzing the data reported and using it to establish priority legal needs. To keep in line with the Older Americans Act requirements, the AAA and LSP seek to target services to seniors, specifically ones who show the greatest economic and social needs. These targeted older adults are reached through the LSP hotline and in-person (by means of a walk-in consultation) at their main location. The LSP also visits multiple senior centers and bilingual community services centers for one on one consultations with clients. Visits to homeless shelters and other county sites for legal presentations and clinics are also part of the LSP's monthly schedule.

7. Specific to Legal Services, what is the targeted senior population and mechanism for reaching targeted groups in your PSA? **Discuss:**

The LSP targets low-income, minority, frail, and disabled older adults aged 60 and over within Orange County. The older adults generally request direct assistance by calling the LSP's hotline, walking in for in-person consultations, attending one of the multiple senior center appointments, or attending local community fairs. The LSP also provides offsite visits to homebound or hospitalized older adults. A higher level of assistance is provided by the LSP in cases primarily affecting older adults with limited resources.

8. How many legal assistance service providers are in your PSA? Complete table below.

Fiscal Year	# of Legal Assistance Services Providers
2020-2021	1
2021-2022	Leave Blank until 2021
2022-2023	Leave Blank until 2022
2023-2024	Leave Blank until 2023

For Information related to Legal Services, contact Chisorom Okwuosa at 916 419-7500 or chisorom.okwuosa@aging.ca.gov

9. Does your PSA have a hotline for legal services? **Yes/No, Discuss**:

Yes. The LSP hotline is open from 9am to 6pm on Mondays through Thursday, and 9am to 5pm on Fridays. Walk-ins are welcome Monday through Fridays from 9am to 5pm.

10. What methods of outreach are Legal Services providers using? **Discuss:**

The LSP visits multiple senior and community services centers and homeless shelters monthly throughout the County of Orange to provide one-on-one consultations with clients. The LSP also offers presentations and clinics at various locations on subjects such as creating advanced health care directives and obtaining power of attorney.

11. What geographic regions are covered by each provider? **Complete table below**:

Fiscal Year	Name of Provider	Geographic Region covered
2020-2021	a. TBD	a. Countywide
2020 2021	b. c.	b. c.
2021-2022 Leave Blank until 2021		Leave Blank until 2021
2022-2023	Leave Blank until 2022	Leave Blank until 2022
2023-2024	Leave Blank until 2023	Leave Blank until 2023

12. Discuss how older adults access Legal Services in your PSA: Discuss:

Clients typically request direct assistance by calling the LSP's legal hotline, walking in for an in-person consultation at the LSP's location, or visiting one of the multiple senior centers served by the LSP within the county. The LSP also disseminates pertinent legal information on subjects like creating advanced health care directives or help with setting up a will (including applicable forms), on their website. The LSP also offers a variety of legal clinics conducted by attorneys in areas such as Supplemental Security Income (SSI), divorce, family, bankruptcy, education, landlord-tenant disputes, limited conservatorships, consumer rights, worker rights, probate accounting, and small-claims matters. They also work closely with the Office on Aging's Information and Assistance call center to coordinate legal referrals for older adults.

13. Identify the major types of legal issues that are handled by the Title IIIB legal provider(s) in your PSA. Discuss (please include new trends of legal problems in your area): **Discuss**:

The primary legal issues handled by the LSP include, but are not limited to, the following: government benefits, landlord-tenant disputes, elder abuse (including financial abuse and consumer scams), probate, and health and consumer issues. The following areas have

also seen an increase in the LSP's fielded requests: conservatorships for family members and issues with student loan repayments.

14. In the past four years, has there been a change in the types of legal issues handled by the Title IIIB legal provider(s) in your PSA? **Yes/No, Discuss:**

The continuing increase in cost of living within the PSA have resulted in a rise in the following legal matters for older adults: housing (landlord-tenant disputes), income maintenance, and government benefit issues (like Social Security and SSI). There was also a remarkable increase in requests for conservatorships and elder abuse cases (including financial abuse and consumer scams).

15. What are the barriers to accessing legal assistance in your PSA? Include proposed strategies for overcoming such barriers. **Discuss:**

Transportation is a prominent barrier to accessing legal assistance. The County of Orange has a vast area that is not easily covered by the local transportation authority. Offsite visits by the LSP to homebound older adults are conducted on a limited basis since they require a minimum of 2 staff members for security purposes. Partnerships and cross-referrals between the LSP and local transportation service providers may help mitigate this barrier to accessing legal assistance.

16. What other organizations or groups does your legal service provider coordinate services with? **Discuss:**

The LSP is involved with several local organizations serving older adults. They work with multiple senior and community services centers to conduct legal consultation appointments and deliver presentations. The LSP is also an active member of the Financial Abuse Specialist Team (FAST) and the Elder Abuse Forensics Center Team, which also involves Adult Protective Services (APS) and the Long-Term Care Ombudsman Program. The LSP also has an existing MOU with the local HICAP and Ombudsman program.

SECTION 19 - MULTIPURPOSE SENIOR CENTER ACQUISTION OR CONSTRUCTION COMPLIANCE REVIEW 13

CCR Title 22, Article 3, Section 7302(a)(15) 20-year tracking requirement

X	No. Title IIIB funds not used for Acquisition or Construction.	
	Yes. Title IIIB funds used for Acquisition or Construction.	

Title III Grantee and/or Senior Center (complete the chart below):

Title III Grantee and/or	Type Acq/Const	IIIB Funds Awarded	% Total Cost	Recapture Period	Compliance Verification State Use
Senior					Only
Center				Begin End	
Name:					
Address:					
Name:					
Address:					
Name:					
Address:					
Name:					
Address:					

Acquisition is defined as obtaining ownership of an existing facility (in fee simple or by lease for 10 years or more) for use as a Multipurpose Senior Center.

SECTION 20. FAMILY CAREGIVER SUPPORT PROGRAM

Notice of Intent for Non-Provision of FCSP Multifaceted Systems of Support Services Older Americans Act Reauthorization Act of 2016,

Section 373(a) and (b)

2020-2024 Four-Year Planning Cycle

Based on the AAA's review of current support needs and services for **family caregivers** and **grandparents** (or other older relative of a child in the PSA), indicate what services the AAA **intends** to provide using Title III E and/or matching FCSP funds for both family caregivers and grandparents/older relative caregivers.

Check YES or NO for each of the services* identified below and indicate if the service will be provided directly or contracted. If the AAA will not provide a service, a justification for each service is required in the space below.

Family Caregiver Services

Category	2020-20	21 2	021-2022	2022-2023	2023-2024
Family	XYes No	XYes	No	XYes No	XYes □No
Caregiver		\			
Information	□Direct XCor	ntract Direct	t XContract	Direct XContract	ct Direct XContract
Services					
,	XYes	∑Yes	□No	XYes	⊠Yes
Caregiver			_	<u> </u>	L _
	XDirect XCo	ntract Direct	t XContract	XDirect XContract	ct Direct XContract
Assistance					
Family	XYes □No	XYes	No	XYes	X Yes No
Caregiver					
Support	∐Direct XCo	ntract Direct	t XContract	☐Direct XContrac	ct Direct XContract
Services					
,	XYes □No	Yes	□No	XYes □No	⊠Yes
Caregiver					
Respite Care	☐Direct 区Co	ntract UDirect	t XContract	Direct XContra	ct Direct XContract
Family	⊠Yes	XYes	□No	⊠Yes	⊠Yes
Caregiver					
Supplemental	Direct XCo	ntract Direct	t XContract	Direct XContract	ct Direct XContract
Services					

^{*}Refer to PM 11-11 for definitions for the above Title IIIE categories.

Grandparent Services

Category	2020-2021	2021-2022	2022-2023	2023-2024
Grandparent Information	Yes XNo	☐Yes XNo	Yes XNo	□Yes XNo
Services	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract
Grandparent Access	□Yes ⊠No	∐Yes ⊠No	□Yes ⊠No	□Yes ⊠No
Assistance	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract
Grandparent Support	∐Yes ⊠No	∐Yes ⊠No	□Yes ⊠No	□Yes ⊠No
Services	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract
Grandparent Respite Care	∐Yes ⊠No	☐Yes ☒No	□Yes ⊠No	□Yes ⊠No
	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract
Grandparent Supplemental	□Yes ⊠No	□Yes ⊠No	□Yes ⊠No	□Yes ⊠No
Services	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract	☐Direct ☐Contract

Justification: For <u>each</u> service category checked "no", explain how it is being addressed within the PSA. The justification must include the following:

- Provider name and address of agency
- Description of the service
- Where the service is provided (entire PSA, certain counties, etc.)
- Information that influenced the decision not to provide the service (research, needs assessment, survey of senior population in PSA, etc.)
- How the AAA ensures the service continues to be provided in the PSA without the use of Title IIIE funds

^{*}Refer to PM 11-11 for definitions for the above Title IIIE categories.

SECTION 22 - ASSURANCES

Pursuant to the Older Americans Act Reauthorization Act of 2016, (OAA), the Area Agency on Aging assures that it will:

A. Assurances

1. OAA 306(a)(2)

- Provide an adequate proportion, as required under Older Americans Act Reauthorization Act of 2016 Section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services—
- (A) services associated with access to services (transportation, health services (including mental health services) outreach, information and assistance, (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible) and case management services);
- (B) in-home services, including supportive services for families of older individuals who are victims of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and
- (C) legal assistance; and assurances that the area agency on aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded;

2. OAA 306(a)(4)(A)(i)(I-II)

- (I) provide assurances that the area agency on aging will -
 - (aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement:
 - (bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and;
- (II) include proposed methods to achieve the objectives described in (aa) and (bb) of subclause (I);

3. OAA 306(a)(4)(A)(ii)

- Include in each agreement made with a provider of any service under this title, a requirement that such provider will—
- (I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;
- (II) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and
- (III) meet specific objectives established by the area agency on aging, for providing services to low-income minority individuals, older individuals with limited English

proficiency, and older individuals residing in rural areas within the planning and service area;

4. OAA 306(a)(4)(A)(iii)

With respect to the fiscal year preceding the fiscal year for which such plan is prepared—

- (I) identify the number of low-income minority older individuals in the planning and service area:
- (II) describe the methods used to satisfy the service needs of such minority older individuals; and
- (III) provide information on the extent to which the area agency on aging met the objectives described in assurance number 2.

5. OAA 306(a)(4)(B)

Use outreach efforts that —

- (i) identify individuals eligible for assistance under this Act, with special emphasis on—
 - (I) older individuals residing in rural areas;
 - (II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);
 - (III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas);
 - (IV) older individuals with severe disabilities;
 - (V) older individuals with limited English proficiency;
 - (VI) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and
 - (VII) older individuals at risk for institutional placement; and
- (ii) inform the older individuals referred to in sub-clauses (I) through (VII) of clause (i), and the caretakers of such individuals, of the availability of such assistance;

6. OAA 306(a)(4)(C)

Contain an assurance that the Area Agency on Aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas;

7. OAA 306(a)(5)

Provide assurances that the Area Agency on Aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement with agencies that develop or provide services for individuals with disabilities;

8. OAA 306(a)(9)

Provide assurances that the Area Agency on Aging will carry out the State Long-Term Care Ombudsman program under 307(a)(9), will expend not less than the total amount of

funds appropriated under this Act and expended by the agency in fiscal year 2000 in carrying out such a program under this title;

9. OAA 306(a)(11)

Provide information and assurances concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including—

- (A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, the area agency on aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;
- (B) An assurance that the Area Agency on Aging will to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and
- (C) An assurance that the Area Agency on Aging will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.

10. OAA 306(a)(13)(A-E)

- (A) maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships;
 - (B) disclose to the Assistant Secretary and the State agency—
 - (i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and
 - (ii) the nature of such contract or such relationship;
- (C) demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such contract or such relationship;
- (D) demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such contract or such relationship; and
- (E) on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals;

11. 306(a)(14)

Provide assurances that preference in receiving services under this Title shall not be given to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this title;

12. 306(a)(15)

Provide assurances that funds received under this title will be used—

(A) to provide benefits and services to older individuals, giving priority to older individuals identified in Older Americans Act Reauthorization Act of

2016, Section 306(a)(4)(A)(i); and

(B) in compliance with the assurances specified in Older Americans Act Reauthorization act of 2016, Section 306(a)(13) and the limitations specified in Older Americans Act Reauthorization Act of 2016, Section 212;

13: OAA 305(c)(5)

In the case of a State specified in subsection (b)(5), the State agency; and shall provide assurance, determined adequate by the State agency, that the area agency on aging will have the ability to develop an area plan and to carry out, directly or through contractual or other arrangements, a program in accordance with the plan within the planning and service area.

14. OAA 307(a)(7)(B)

- (i) no individual (appointed or otherwise) involved in the designation of the State agency or an area agency on aging, or in the designation of the head of any subdivision of the State agency or of an area agency on aging, is subject to a conflict of interest prohibited under this Act:
- (ii) no officer, employee, or other representative of the State agency or an area agency on aging is subject to a conflict of interest prohibited under this Act; and
- (iii) mechanisms are in place to identify and remove conflicts of interest prohibited under this Act.

15. OAA 307(a)(11)(A)

- (i) enter into contracts with providers of legal assistance, which can demonstrate the experience or capacity to deliver legal assistance;
- (ii) include in any such contract provisions to assure that any recipient of funds under division (i) will be subject to specific restrictions and regulations promulgated under the Legal Services Corporation Act (other than restrictions and regulations governing eligibility for legal assistance under such Act and governing membership of local governing boards) as determined appropriate by the Assistant Secretary; and (iii) attempt to involve the private bar in legal assistance activities authorized under this title, including groups within the private bar furnishing services to older individuals on a pro bono and reduced fee basis.

16. OAA 307(a)(11)(B)

That no legal assistance will be furnished unless the grantee administers a program designed to provide legal assistance to older individuals with social or economic need and has agreed, if the grantee is not a Legal Services Corporation project grantee, to coordinate its services with existing Legal Services Corporation projects in the planning and service area in order to concentrate the use of funds provided under this title on individuals with the greatest such need; and the area agency on aging makes a finding, after assessment, pursuant to standards for service promulgated by the Assistant Secretary, that any grantee selected is the entity best able to provide the particular services.

17. OAA 307(a)(11)(D)

To the extent practicable, that legal assistance furnished under the plan will be in addition to any legal assistance for older individuals being furnished with funds from sources other than this Act and that reasonable efforts will be made to maintain existing levels of legal assistance for older individuals; and

18. OAA 307(a)(11)(E)

Give priority to legal assistance related to income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination.

19. OAA 307(a)(12)(A)

In carrying out such services conduct a program consistent with relevant State law and coordinated with existing State adult protective service activities for -

- (i) public education to identify and prevent abuse of older individuals;
- (ii) receipt of reports of abuse of older individuals;
- (iii) active participation of older individuals participating in programs under this Act through outreach, conferences, and referral of such individuals to other social service agencies or sources of assistance where appropriate and consented to by the parties to be referred; and
- (iv) referral of complaints to law enforcement or public protective service agencies where appropriate.

20. OAA 307(a)(15)

If a substantial number of the older individuals residing in any planning and service area in the State are of limited English-speaking ability, then the State will require the area agency on aging for each such planning and service area -

- (A) To utilize in the delivery of outreach services under Section 306(a)(2)(A), the services of workers who are fluent in the language spoken by a predominant number of such older individuals who are of limited English-speaking ability.
- (B) To designate an individual employed by the area agency on aging, or available to such area agency on aging on a full-time basis, whose responsibilities will include:
- (i) taking such action as may be appropriate to assure that counseling assistance is made available to such older individuals who are of limited English-speaking ability in order to assist such older individuals in participating in programs and receiving assistance under this Act; and
- (ii) providing guidance to individuals engaged in the delivery of supportive services under the area plan involved to enable such individuals to be aware of cultural sensitivities and to take into account effective linguistic and cultural differences.

21. OAA 307(a)(18)

Conduct efforts to facilitate the coordination of community-based, long-term care services, pursuant to Section 306(a)(7), for older individuals who -

- (A) reside at home and are at risk of institutionalization because of limitations on their ability to function independently;
- (B) are patients in hospitals and are at risk of prolonged institutionalization; or
- (C) are patients in long-term care facilities, but who can return to their homes if community-based services are provided to them.

22. OAA 307(a)(26)

That funds received under this title will not be used to pay any part of a cost (including an administrative cost) incurred by the State agency, or an area agency on aging, to carry out a contract or commercial relationship that is not carried out to implement this title.

23. OAA 307(a)(27)

Provide, to the extent feasible, for the furnishing of services under this Act, consistent with self-directed care.

B. Code of Federal Regulations (CFR), Title 45 Requirements:

24. CFR [1321.53(a)(b)]

- (a) The Older Americans Act intends that the area agency on aging shall be the leader relative to all aging issues on behalf of all older persons in the planning and service area. This means that the area agency shall proactively carry out, under the leadership and direction of the State agency, a wide range of functions related to advocacy, planning, coordination, interagency linkages, information sharing, brokering, monitoring and evaluation, designed to lead to the development or enhancement of comprehensive and coordinated community based systems in, or serving, each community in the Planning and Service Area. These systems shall be designed to assist older persons in leading independent, meaningful and dignified lives in their own homes and communities as long as possible.
- (b) A comprehensive and coordinated community-based system described in paragraph (a) of this section shall:
- (1) Have a visible focal point of contact where anyone can go or call for help, information or referral on any aging issue;
- (2) Provide a range of options:
- (3) Assure that these options are readily accessible to all older persons: The independent, semi-dependent and totally dependent, no matter what their income;
- (4) Include a commitment of public, private, voluntary and personal resources committed to supporting the system;
- (5) Involve collaborative decision-making among public, private, voluntary, religious and fraternal organizations and older people in the community;
- (6) Offer special help or targeted resources for the most vulnerable older persons, those in danger of losing their independence;
- (7) Provide effective referral from agency to agency to assure that information or assistance is received, no matter how or where contact is made in the community;
- (8) Evidence sufficient flexibility to respond with appropriate individualized assistance, especially for the vulnerable older person;
- (9) Have a unique character which is tailored to the specific nature of the community;
- (10) Be directed by leaders in the community who have the respect, capacity and authority necessary to convene all interested individuals, assess needs, design solutions, track overall success, stimulate change and plan community responses for the present and for the future.

25. CFR [1321.53(c)]

The resources made available to the area agency on aging under the Older Americans Act are to be used to finance those activities necessary to achieve elements of a community based system set forth in paragraph (b) of this section.

26. CFR [1321.53(c)]

Work with elected community officials in the planning and service area to designate one or more focal points on aging in each community, as appropriate.

27. CFR [1321.53(c)]

Assure access from designated focal points to services financed under the Older Americans Act.

CFR [1321.53(c)]

Work with, or work to assure that community leadership works with, other applicable agencies and institutions in the community to achieve maximum collocation at, coordination with or access to other services and opportunities for the elderly from the designated community focal points.

28. CFR [1321.61(b)(4)]

Consult with and support the State's long-term care ombudsman program.

29. CFR [1321.61(d)]

No requirement in this section shall be deemed to supersede a prohibition contained in the Federal appropriation on the use of Federal funds to lobby the Congress; or the lobbying provision applicable to private nonprofit agencies and organizations contained in OMB Circular A-122.

30. CFR [1321.69(a)]

Persons age 60 and older who are frail, homebound by reason of illness or incapacitating disability, or otherwise isolated, shall be given priority in the delivery of services under this part.