

# Age Well<sup>®</sup>

Orange County's partner in aging



Urgent Help Needed!

# Volunteers

## We Need Your Help!

Will you help deliver Meals on Wheels to homebound Irvine seniors?

When you volunteer, you ensure Irvine seniors receive hot meals. Giving just 2 hours a day can change the lives of your senior neighbors.

## HOW TO SIGN UP

**Online** [myagewell.org/volunteer/](https://myagewell.org/volunteer/)

**Email** [Volunteer.Irvine@myagewell.org](mailto:Volunteer.Irvine@myagewell.org)

**Call** 949-616-2357

You can change the lives of Irvine Seniors

Scan with your camera to learn how



Get to know Age Well Senior Services  
visit [myagewell.org](https://myagewell.org)

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