



OC OFFICE ON AGING

Monthly Newsletter

AUGUST 2024

WHO ARE WE?

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in OC can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

Website: officeonaging.ocgov.com

Phone: (714) 480-6450

Email: AreaAgencyonAging@occr.ocgov.com

GET INVOLVED



OAAC members receive the Older Americans Month proclamation at the OC Board of Supervisors meeting on May 7, 2024.

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging on matters affecting older adults in OC. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
When: September 13, 2024, at 9:30 a.m.
Where: 1063 McGaw Ave., Ste. 100, Irvine, CA 92614
- **Executive Committee Meeting**
When: September 20, 2024, at 9:30 a.m.
Where: 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

OAAC currently has vacancies. If you are interested in joining, please visit our website at officeonaging.ocgov.com for more information and to download an application.

UPCOMING COMMUNITY EVENTS

Senior Fall Prevention Session

About: To mark Falls Prevention Awareness Month in September, this special event will focus on fall prevention for adults 55+ and their caregivers, featuring expert-led sessions and free refreshments.

When: September 19, 2024, from 9 a.m. to 1 p.m.

Where: Norman P. Murray Community & Senior Center
24932 Veterans Way, Mission Viejo, CA 92692

Register: [Senior Fall Injury Prevention Session with Experts](#)

H. Louis Lake Senior Center - Resource Fair and Vaccine Clinic

About: Older adults are invited to the H. Louis Lake Senior Center's Resource Fair and Vaccine Clinic, with free admission, giveaways, a meal, and more.

When: September 20, 2024, from 10 a.m. to 1 p.m.

Where: Community Meeting Center
11300 Stanford Ave., Garden Grove, CA 92840

More information: [H. Louis Lake Senior Center Resource Fair](#)

Gardening Workshops*

About: Join OC Public Libraries for a series of gardening workshops and events. No registration is required, and supplies will be provided.

More information: [OCPL Gardening Workshops](#)

Wildflower Seed Bombs

When: September 4, 2024, at 10:30 a.m.

Where: San Clemente Library
242 Avenida Del Mar, San Clemente, CA 9267

Thoughtful Gardener

When: September 7, 2024, at 2 p.m.

Where: Rancho Santa Margarita Library
30902 La Promesa, Rancho Santa Margarita, CA 92688

Herb Gardening

When: September 10, 2024, at 10 a.m.

Where: Laguna Woods Library
24266 El Toro Rd., Laguna Woods, CA 92637

Salad Bowl Garden

When: September 14, 2024, at 11 a.m.

Where: Laguna Beach Library
363 Glenneyre St., Laguna Beach, CA 92651

Grow a Pizza Garden

When: September 14, 2024, at 3 p.m.

Where: Cypress Library
5331 Orange Ave., Cypress, CA 90630

Bees & Other Pollinators

When: September 23, 2024, at 5 p.m.

Where: La Habra Library
221 East La Habra Blvd., La Habra, CA 90631

**This project is funded in part through a grant from the California Department of Aging and administered locally by the OC Office on Aging.*

NEWS



OC Office on Aging Receives 2024 NACo Awards

The OC Office on Aging was recognized at the OC Board of Supervisors meeting on August 27, 2024, for earning 2024 NACo Awards for two key programs: Access to Technology (ATT) and Senior Non-Emergency Medical Transportation (SNEMT).

The ATT program helps reduce isolation and increase access to services by providing older adults and individuals with disabilities with digital devices and training. The SNEMT program ensures older adults have reliable transportation to medical appointments, enhancing access to healthcare and overall well-being. Together, these programs aim to improve the quality of life for Orange County's older adults.

For more information about these programs, please contact our Information & Assistance Call Center at (714) 480-6450.



Share Your Thoughts on OCTA's Transportation Plan

The Orange County Transportation Authority (OCTA) Human Services Transportation Coordinated Plan is open for public comment through September 6, 2024. Every four years, OCTA develops this plan to identify transportation needs and improve access for older adults, people with disabilities, those with low incomes, limited English proficiency, and anyone without access to a private vehicle.

To access the plan, click [HERE](#).

RESOURCE SPOTLIGHT



Making sure older adults have access to essential healthcare services is a key part of our commitment to the community. Access to regular medical care is crucial for maintaining health and well-being, especially for our older adult population. We're here to support our older adults and ensure no one misses out on the care they need due to transportation challenges.

Our Senior Non-Emergency Medical Transportation (SNEMT) program is a vital service that helps older adults get to their medical appointments. This program is designed for older adults who don't have the means or ability to travel to appointments on their own. By removing this barrier, SNEMT ensures older adults can keep up with essential medical visits, helping to prevent minor issues from turning into major health concerns.

Older adults and caregivers can contact our Information & Assistance Call Center at (714) 480-6450 to connect with a SNEMT provider.

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on July 2024 service data.

Information & Assistance

1,205 calls

Transportation (Non-Emergency Medical & Supportive Services)

13,945 one-way trips

Meals Provided (Congregate & Home-Delivered)

77,391 meals

Family Caregivers Counseling Services

85 hours

Legal Aid

789 hours

STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

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