



OC OFFICE ON AGING

Monthly Newsletter


JANUARY 2025

WHO ARE WE?

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** officeonaging.ocgov.com

 **Email:** AreaAgencyOnAging@occr.ocgov.com

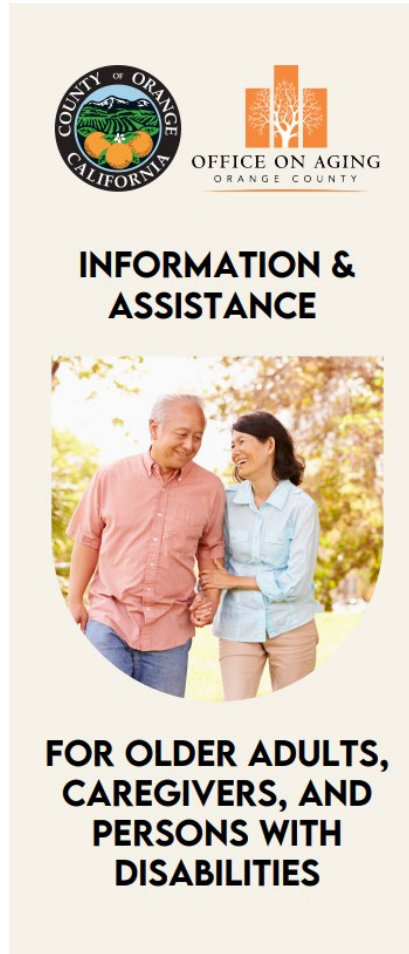
 **Phone:** (714) 480-6450



Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!

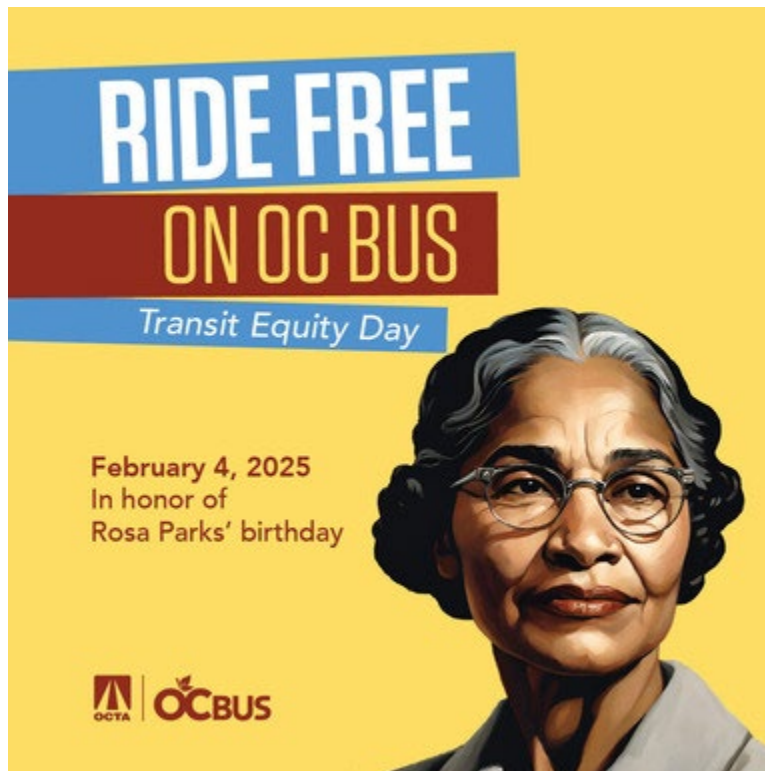
NEWS



Newly Updated Office on Aging Brochure Now Available!

The OC Office on Aging has refreshed its Information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. The brochure can be accessed anytime on our website at officeonaging.ocgov.com. A special thank you to the OC Older Adults Advisory Commission for providing valuable input to ensure the brochure meets the needs of the community!

Download the updated brochure here: [Office on Aging I&A Brochure](#)



Celebrate Transit Equity Day with Free Bus Rides!

On February 4, OCTA is offering free rides on fixed-route buses - no ticket required! Transit Equity Day commemorates the birthday of civil rights icon Rosa Parks, whose 1955 refusal to give up her seat on the bus led to the U.S. Supreme Court ruling that segregation on transit was unconstitutional. Whether you're running errands, visiting loved ones, or exploring Orange County, take advantage of this opportunity for a free and convenient ride.

Learn more: [Transit Equity Day - Orange County Transportation Authority](#)

UPCOMING COMMUNITY EVENTS

OC PUBLIC LIBRARIES PRESENTS

A SLICE OF LITERARY ORANGE

Meet Author
ERIKA L. SÁNCHEZ
Monday, February 3 at 6:30pm

ERIKA L. SÁNCHEZ is the daughter of Mexican immigrants. Her debut young adult novel, *I Am Not Your Perfect Mexican Daughter* was a #1 New York Times bestseller, a National Book Awards finalist, and Tomás Rivera Award winner. *Time* has recognized it as one of the best YA novels of all time. Most recently, Sánchez published a critically acclaimed memoir-in-essays titled *Crying in the Bathroom* with Viking Books.

Clifton C. Miller Community Center
300 Centennial Way, Tustin, CA 92780

Books available for purchase, courtesy of Mysterious Galaxy. No registration required, all ages welcome. Early arrival suggested.

For more information, call (714) 566-3034 or visit ocpl.org



Orange County, CA Public Libraries
Serving the State Community

OFFICE ON AGING
ORANGE COUNTY

This project is funded in part through a grant from the California Department of Aging and administered locally by the Orange County Office on Aging.

A Slice of Literary Orange: Meet Author Erika L. Sanchez* (OC Office on Aging in partnership with OC Public Libraries)

About: Erica L. Sanchez is the daughter of Mexican immigrants. Her debut young adult novel, *I Am Not Your Perfect Mexican Daughter*, was a #1 New York Times bestseller, a National Book Awards finalist, and Tomas Rivera Award winner. *Time* has recognized it as one of the best YA novels of all time. Most recently, Sánchez published a critically acclaimed memoir-in-essays titled *Crying in the Bathroom* with Viking Books. No registration required, and all ages are welcome.

When: February 3, 2025, at 6:30 p.m.

Where: Clifton C. Miller Community Center
300 Centennial Way, Tustin, CA 92780

Contact: (714) 566-3034



Empowered Caregiver: Communicating Effectively

About: This webinar is part of a series teaching caregivers how to navigate the responsibilities of caring for someone living with dementia.

When: February 5, 2025, at 5:30 p.m.

Where: Online (via Zoom)

Hosted by: Caregiver Resource Center OC

Register: [Webinar - Empowered Caregiver: Communicating Effectively](#)

Empowered Caregiver: Responding to Dementia Related Behaviors

About: This webinar is part of a series teaching caregivers how to navigate the responsibilities of caring for someone living with dementia.

When: February 19, 2025, at 5:30 p.m.

Where: Online (via Zoom)

Hosted by: Caregiver Resource Center OC

Register: [Webinar - Empowered Caregiver: Responding to Dementia Related Behaviors](#)

OC PUBLIC LIBRARIES PRESENTS

A SLICE OF LITERARY ORANGE

Meet Author

RESHONDA TATE

Thursday, February 13 at 6:30pm

RESHONDA TATE is the national bestselling author of more than 53 books, she writes both adult and teen fiction, as well as nonfiction. A highly sought-after motivational speaker and award-winning poet, Reshonda is the recipient of an NAACP Image Award for Outstanding Literature. Considered one of the top African-American authors in the country, her books remain a staple on Bestseller's lists and have been featured in USA Today, The Washington Post, Jet, People, Essence, and Ebony Magazines.

Norma Hertzog Community Center
1845 Park Ave, Costa Mesa, CA 92627

Complimentary books available, while supplies last.
No registration required, all ages welcome. Early arrival suggested.

For more information,
call (714) 566-3034 or visit ocpl.org



This project is funded in part through a grant from the California Department of Aging and administered locally by the Orange County Office on Aging.



A Slice of Literary Orange: Meet Author Reshonda Tate* (OC Office on Aging in partnership with OC Public Libraries)

About: Reshonda Tate is the national bestselling author of 53 books. She writes both adult and teen fiction, as well as nonfiction. A highly sought-after motivational speaker and award-winning poet, Reshonda is the recipient of an NAACP Image Award for Outstanding Literature. Complimentary books available while supplies last. No registration required, all ages welcome.

When: February 13, 2025, at 6:30 p.m.

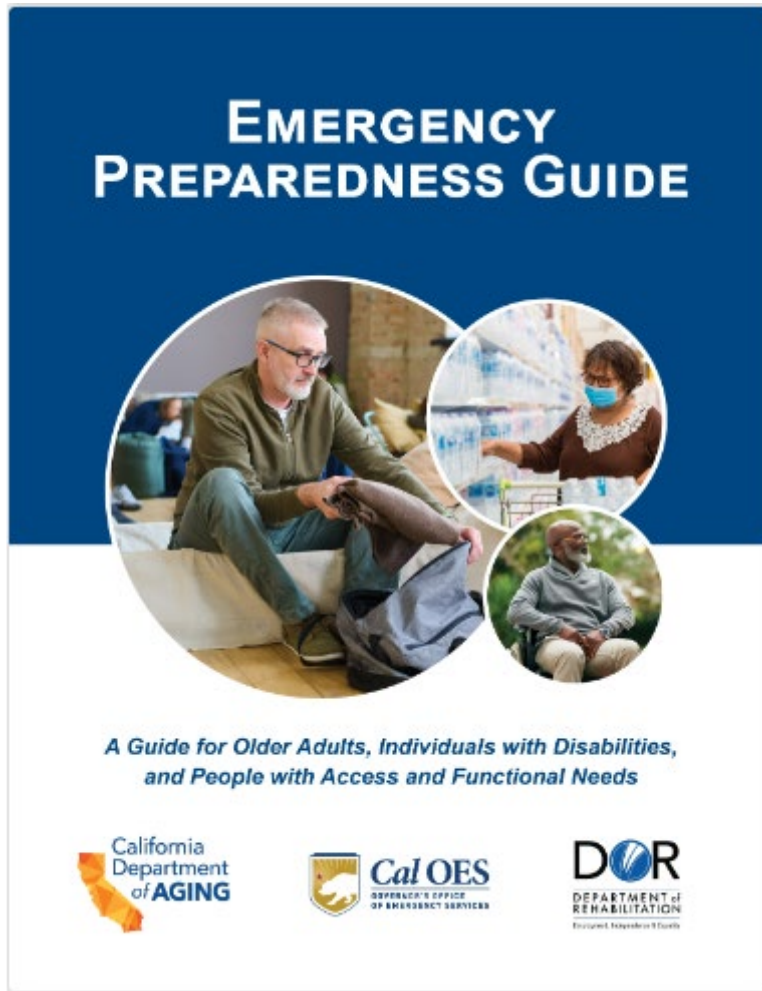
Where: Norma Hertzog Community Center
1845 Park Ave., Costa Mesa, CA 92627

Contact: (714) 566-3034

***This project is funded in part through a grant from the California Department of Aging and administered locally by the OC Office on Aging.**

Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.

RESOURCE SPOTLIGHT



Emergency Preparedness Guide

In response to the LA fires, we are sharing the California Department of Aging's Emergency Preparedness Guide, designed to support older adults and individuals with disabilities in preparing for emergencies. These guides are available in English and five threshold languages: Spanish, Traditional Chinese, Korean, Vietnamese, and Tagalog.

Download a copy: [CDA Emergency Preparedness Guide](#)

GET INVOLVED

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
 - **When:** February 14, 2025, at 9:30 a.m.
 - **Where:** 1063 McGaw Ave., Ste. 100, Irvine, CA 92614

- **Executive Committee Meeting**
 - **When:** February 28, 2025, at 9:30 a.m.
 - **Where:** 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

OAAC currently has vacancies. If you are interested in joining, please visit officeonaging.ocgov.com for more information and to download an application.

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on December 2024 service data.

Information & Assistance

940 calls

Transportation

(Non-Emergency Medical & Supportive Services)

13,897 one-way trips

Meals Provided

(Congregate & Home-Delivered)

107,387 meals

Family Caregivers Counseling Services

135 hours

Legal Aid

836 hours

STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

[Subscribe to Newsletter](#)

 [Facebook](#): @OCOoA  [Instagram](#): @oc_ooa  [X \(Twitter\)](#): @OC_OoA