A G E N D A

Orange County Older Adults Advisory Commission

February 14, 2025
9:30 A.M.
www.officeonaging.ocgov.com

Location:
Easterseals
1063 McGaw Ave, Suite 100
Irvine CA 92614

The Orange County Older Adults Advisory Commission shall not hold a meeting unless the number of members participating constitutes a quorum of the Commission.

This agenda contains a brief description of each item to be considered. Except as provided by law, no action shall be taken on any item not appearing in the agenda. Members of the public who wish to speak on an item(s) may complete a Speaker Request Form(s) identifying the items prior to the beginning of the meeting. To speak on a matter not appearing on the agenda, but under the jurisdiction of this Commission, you may do so during Public Comments. Commission members may not discuss or take action on issues raised during public comment unless the issue is listed in this agenda. Speaker request forms must be completed prior to the beginning of the meeting, the reading of the individual agenda items and/or the beginning of Public Comments. When addressing the Commission, please state your name and place of residence for the record prior to providing your comments. Address the Commission as a whole, through the Chair. Comments to individual Members or staff are not permitted. Speakers are limited to three (3) minutes.

Materials/handouts can be accessed up to 72 hours in advance of the meeting by visiting
http://www.occommunityservices.org/. or calling (714) 480-6450.

1. <u>CALL TO ORDER:</u> Chair, Crystal Miles

2. <u>INSPIRATION:</u> Commissioner, Janice Lim

3. <u>PLEDGE OF ALLEGIANCE:</u> Commissioner, Gary Taylor

4. <u>ROLL CALL:</u> Secretary, Ken Higman

5. <u>SECRETARY COMMENTS:</u> Secretary, Ken Higman
   A. Monthly Volunteer Service Hours

6. <u>PUBLIC COMMENTS</u>
   At this time, members of the public may address the Commission regarding any items within the subject jurisdiction, provided that no action is taken on off-agenda items unless authorized by law. (Comments shall be limited to three (3) minutes unless the Chair pre-identifies a different time at the start of meeting for all public speakers).

7. <u>INTRODUCTIONS:</u> Chair, Crystal Miles

8. <u>PRESENTATION:</u>

   Food Resources for Older Adults in Orange County
   Anna Luciano Acenas
   Health Care Agency
   Supervising Public Health Nutritionist

9. <u>DISCUSSION ITEMS:</u>
   A. Office on Aging Brochure Update
   B. OAAC Commissioner Recruitment
   C. OAAC Volunteer Hours
   D. Formation of Ad-hoc Committee to review Office on Aging website and provide recommendations for potential updates
   E. Senior Center Liaison Topic: How does the senior center acknowledge its volunteers, and what is the average number of volunteer hours contributed each month?

10. <u>SENIOR CENTER AND CITY LIAISON UPDATES:</u> All Commission Members

11. <u>CHAIR REPORT:</u> Chair, Crystal Miles

12. <u>OC OFFICE ON AGING UDPATES:</u> Lynette Favors, Office on Aging Manager

13. <u>PRESENTATION SCHEDULE:</u> Commission Member, Sandy Stang

14. <u>ANNOUNCEMENTS:</u> All Commission Members

15. <u>ADJOURNMENT</u>

Next OAAC Meeting

March 14, 2025 – 9:30 a.m.

Executive Committee

February 28, 2025 – 9:30 a.m.

DISCLAIMER: No member of OAAC shall sign a letter or make a statement purported to represent the position of OAAC as a body. Letters or verbal statements of support or opposition on any issue shall only be made or signed by the Chair of OAAC and shall be submitted to the Commission for pre-approval. The policy of the Board of Supervisors does not allow OAAC or its Chair to sign a letter of position on any matters pertaining to legislation. OAAC members may write personal letters or speak as individuals stating personal positions but may not do so as representing the position or opinion of OAAC or the County of Orange.

Food Resources for Older Adults in Orange County

This project is funded in part through a grant from the California Department of Aging, and locally administered by the Orange County Office on Aging

<u>Goal</u>:

Help refer older adults to food programs available Orange County.

Feeding America Statistics

- In 2022, roughly **6.9 million** U.S. adults age 60+, or **8.7%** of the older adult population, experienced food insecurity.

- More than **9 million seniors** may be food insecure by 2050.

- Multigenerational households are more than **twice** as likely to experience food insecurity.

- **Over half** of all people age 60+ who qualify for SNAP do not participate. Why is this?

Breaking the Stigma of Food Program Participation

- ❑ Food programs are NOT a charity.

- ❑ Enrolling does not mean you take benefits from someone else.

- ❑ It's okay to get resources to make your life easier.

General Definitions for Food Programs

❑ All programs are free to qualifying applicants

❑ Older Adult: 60 years or older

❑ Income Eligibility: Individualized and determined by income and household size

❑ Disabled:
  - Receiving Social Security Disability Benefits
  - Receiving Railroad Retirement Benefits
  - Receiving Veteran's Administration (VA) benefits based on total disability
  - Approved for and currently receiving Medi-Cal benefits based on a disability

CalFresh Program

What is CalFresh?

A State and Federally funded program to help eligible individuals buy the food they need for good health.

CalFresh Program

Who is eligible for CalFresh?

CalFresh is for individuals and families who qualify based on income and household size.

You may qualify if you:

- Receive CalWORKs or General Relief

- Have limited income or no income

- Have limited property or resources

- Are or have a U.S. Citizen or a legal resident member in your household

CalFresh Program

What major factors are considered?

Who purchases or prepares food together?

Income of individuals who purchases and prepares food together that eat meals together

Gross Earnings, Unearned Income, Social Security benefits, Unemployment Benefits, Disability Benefits, Workmans' Comp, etc.

CalFresh Program

Who is not eligible for CalFresh?

- Undocumented noncitizens

- Students 18-49 years who don't meet student exemptions

- Fleeing Felons and Probation/Parole Violators

Questions? Check with the CalFresh office

CalFresh Program

How are benefits received?

- **Electronic Benefit Transfer (EBT) card**

- Used at checkout like an ATM card or credit card

- Stores certified as CalFresh retailers or vendors

CalFresh Program

How much do I receive?

The amount depends on your household's income, expenses, and size.

CalFresh Expedited Services (ES)

Households with very limited income & cash resources may receive *CalFresh Expedited Service* within 3 days.

CalFresh Program

What Can I Buy?

Allowed	Not allowed

■ Food & Beverages for Human Consumption
    • Fruits and Vegetables
    • Meat
    • Dairy Products
    • Packaged, Canned & Frozen Foods
    • Snack Food (candy and soda)
 ■ Seeds or Plants to Grow Food
	■ Hot Food (any food that will be eaten in store; exception: Restaurant Meals Program)
	 ■ Alcoholic Beverages or Tobacco Products
	 ■ Vitamins and Medicines
	 ■ Pet Food
	 ■ Nonfood Items such as: Paper Products, Soap and Cleaning Supplies, Personal Hygiene Products, Grooming Items and Cosmetics, etc.

CalFresh Program

Restaurant Meals Program

The Restaurant Meals Program (RMP) allows:

>Older adults (60 years)
>
>Disabled
>
>Homeless

CalFresh recipients & their spouse to use their EBT card to purchase prepared meals from participating restaurants.

CalFresh Program

Participating Restaurants

A restaurant is participating in the program if the RMP logo is displayed on its door or window.

To find a list of participating restaurants:

- https://www.cdss.ca.gov/rmp
- Call 2-1-1
- Ask your CalFresh worker

CalFresh Program

How do I apply?

- Online: **www.BenefitsCal.com**

- By phone: Call Center **(800) 281-9799**

- By FAX: **(714) 645-3489**

- In Person: At select SSA locations throughout OC

CalFresh Outreach

Unsure about applying for CalFresh?

Community partners are here to help:

❑ Answer your questions

❑ Provide pre-screening for CalFresh benefits

❑ Help complete and submit your application

T/EFAP

The Emergency Food Assistance Program (TEFAP or EFAP)

What is TEFAP or EFAP?

❑ Helps supplement the diets of eligible participants with a variety of nutritious, high-quality USDA Foods.

❑ Foods include canned veggies, fruits, meats, frozen poultry, juice, rice, beans, pasta, and cereal.

T/EFAP

The Emergency Food Assistance PROGRAM

Who is eligible for T/EFAP?

Individuals with incomes at or below 150% of the federal poverty level (FPL).

Where is T/EFAP offered?

At over 75 sites throughout the county.

T/EFAP
The Emergency Food Assistance PROGRAM

How do I apply?

Community Action Partnership of OC
(CAP OC) – OC Food Bank
(714) 897-6670 or www.ocfoodbank.org

COMMUNITY ACTION PARTNERSHIP
ORANGE COUNTY FOOD BANK

Second Harvest Food Bank
Call: 2-1-1

SECOND HARVEST FOOD BANK
ORANGE COUNTY

CSFP

Commodity Supplemental Food Program

Who is eligible for CSFP?

Adults who are at least 60 years of age and at or below 130% of federal poverty level.

What do I receive?

Food packages containing specific items.

CSFP

How do I apply?

Community Action Partnership of OC (CAP OC)
(714) 897-6670

Senior Grocery Program

Who is served?

Adults 60 years of age and older.

What do I receive?

Fresh grocery items are offered at over 40 sites.

Where do I go?

For a list of participating sites:

   Call: **2-1-1**

SECOND HARVEST FOOD BANK ORANGE COUNTY

CACFP

Child and Adult Care Food Program

Who is eligible?

Adults at adult day care centers

Adults over 60 years old living with a disability and enrolled in day care facilities

How do I apply?

Call: **(833) 559-2418**

Email: **CACFPInfo@dss.ca.gov**

Older Adult Meal Programs

Who is eligible?

Adults over 60 years of age may receive:

Home Delivered Meals (Meals on Wheels) or Congregate Meals

Where do I go?

Talk to your local senior center or contact:

Orange County Office on Aging

(714) 480-6450

North & Central OC

South OC

Senior Farmers' Market Nutrition Program (SFMNP)

What is the SFMNP?

❑ Provides vouchers to purchase fresh produce at participating farmers' markets.

❑ Eligible seniors receive $50 vouchers.

❑ Program only available during summer months upon release of vouchers.

How do I get SFMNP vouchers?

Contact the Office on Aging:
(714) 480-6450

2-1-1

Links OC residents to health and human service resources

How do I get connected?

- Call 2-1-1

- Online at **www.211OC.org**

2-1-1

GetHelpOC: A Community Information Exchange

How do I get help?

- Community:

  ✓ Call **2-1-1**

  ✓ Email **Help@211oc.org**

  ✓ Text your zip code to **898211**

- Agencies: Contact Amy Arambulo **Aarambulo@211oc.org** or **(714) 598-2350**

Thank You!

OC Health Care Agency

@ochealthinfo

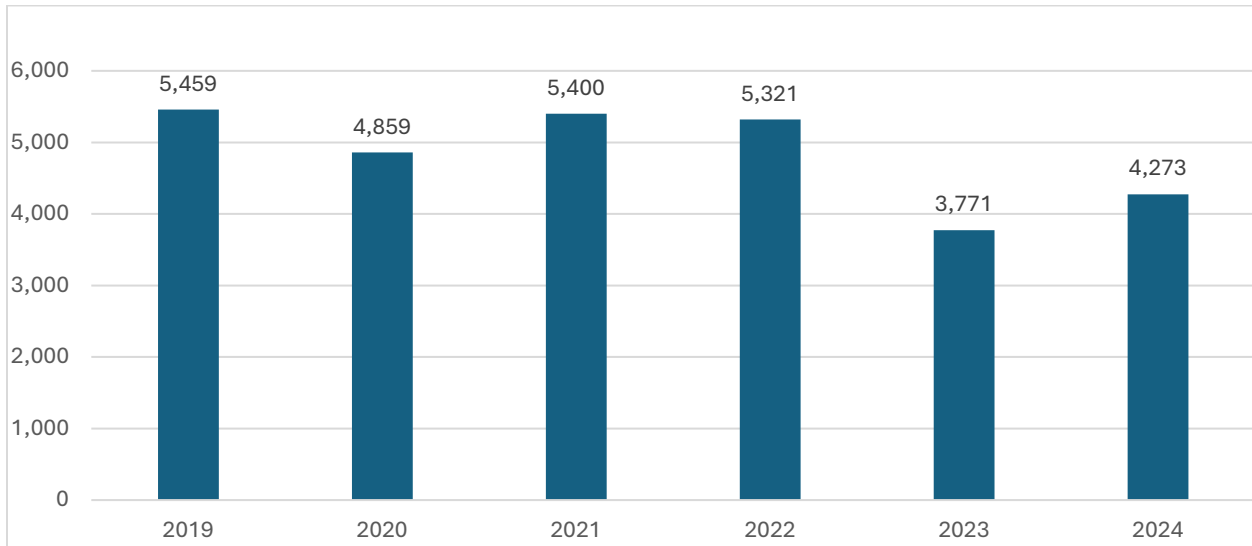@ochealth

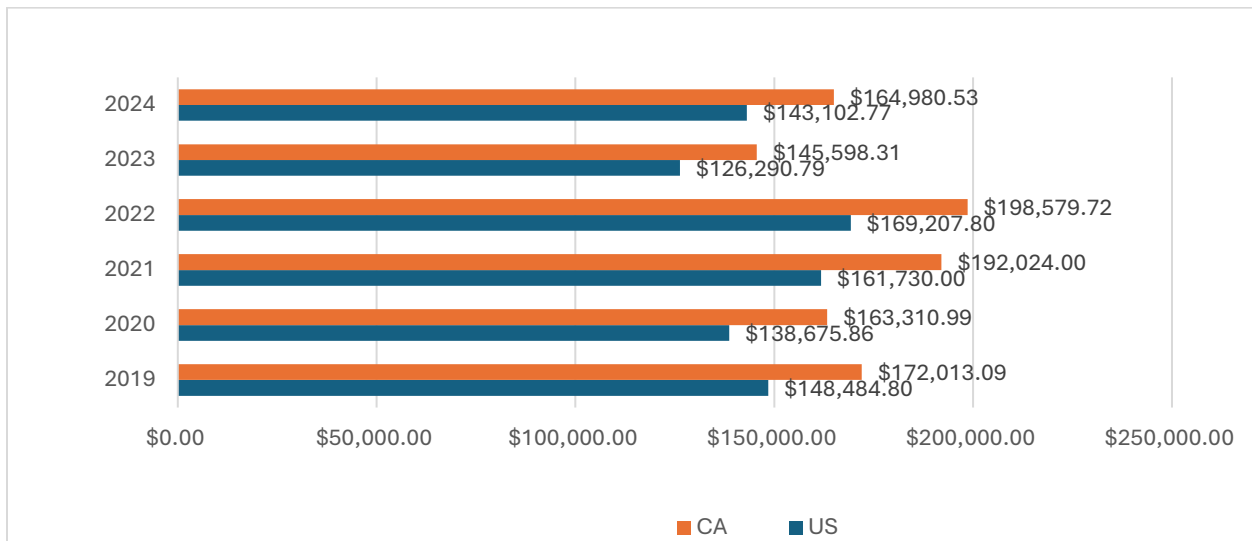@oc_hca

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www.ochealthinfo.com

OC Older Adults Advisory Commission
Reported Volunteer Hours

January 24, 2025

OCOAAC Member Reported Hours

Value of OCOAAC Reported Volunteer Hours

Independent Sector (http://www.independentsector.org/value-volunteer-time-methodology)

Value of OCOAAC Reported Volunteer Hours, CA Value

Year	Reported Hours	Value of Volunteer Hrs.	Total Value
2019	5,459	$31.51	$172,013.09
2020	4,859	$33.61	$163,310.99
2021	5,400	$35.56	$192,024.00
2022	5,321	$37.32	$198,579.72
2023	3,771	$38.61	$145,598.31
2024	4,273	$38.61	$164,980.53
Grand Total	**29,083**	**$215.22**	**$1,036,506.64**