



# OC OFFICE ON AGING Monthly Newsletter


## MARCH 2025

### WHO ARE WE?

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** [officeonaging.ocgov.com](http://officeonaging.ocgov.com)

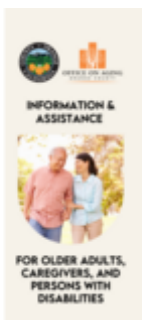
 **Email:** [AreaAgencyOnAging@occr.ocgov.com](mailto:AreaAgencyOnAging@occr.ocgov.com)

 **Phone:** (714) 480-6450



### Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



### Updated Office on Aging Brochure

We have refreshed our Information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)

## NEWS

Orange County  
Older Adults Needs  
Assessment Report  
Now Available



View at  
[OFFICEONAGING.OCGOV.COM](http://OFFICEONAGING.OCGOV.COM)

Orange County  
Older Adults Needs  
Assessment Report



## The Orange County Older Adults Needs Assessment report is now available!

The [Orange County Older Adults Needs Assessment Report](#) offers valuable insights into the needs and experiences of older adults and caregivers in our community. This assessment is a crucial step in developing the Orange County Master Plan for Aging, aiming to enhance services and support for the aging population.

View the full report here: [bit.ly/OANAReport](https://bit.ly/OANAReport)

If you have questions or comments on the report, please share your feedback at [bit.ly/OANAFedback](https://bit.ly/OANAFedback).



## Save Big with Senior Discounts!

Did you know many businesses offer exclusive senior discounts? From groceries and prescriptions to travel and entertainment, these savings can add up!

**Please Note:** Participation may vary, so check with your specific store or provider before making a purchase.

Find the latest deals: [The Biggest List of Senior Discounts \(March 2025\)](#)

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## UPCOMING COMMUNITY EVENTS

OC PUBLIC LIBRARIES PRESENTS

# A SLICE TO LITERARY ORANGE

Meet Author  
**MARY ALICE MONROE**  
Tuesday, April 1 at 6:30pm

MARY ALICE MONROE is the New York Times bestselling author of over 30 books, including the beloved Beach House series and her forthcoming novel, *Where the Rivers Merge*. Monroe has also published children's books which complement the environmental themes she is known for in her adult novels. More than 7.5 million copies of her books have been published worldwide, and she's earned numerous accolades and awards.

Laguna Hills Community Center  
2555 Alicia Pkwy, Laguna Hills, CA 92653

Books available for purchase, courtesy of Lido Village Books. No registration required, all ages welcome. Early arrival suggested.

For more information, call (714) 566-3034 or visit [ocpl.org](https://ocpl.org)

OC Public Libraries OFFICE ON AGING

This project is funded in part through a grant from the California Department of Aging and administered locally by the Orange County Office on Aging

**Meet Author Mary Alice Monroe\***  
**(OC Office on Aging in partnership with OC Public Libraries)**

**About:** Mary Alice Monroe is the New York Times bestselling author of over 30 books, including the beloved Beach House series and her forthcoming novel, *Where The Rivers Merge*. Monroe has also published children's books, which complement the environmental themes she is known for in her adult novels. No registration is required; all ages are welcome. Early arrival is suggested.

**When:** April 1, 2025, at 6:30 p.m.

**Where:** Laguna Hills Community Center  
25555 Alicia Pkwy., Laguna Hills, CA 92653

**More information:** (714) 566-3034 or [ocpl.org](http://ocpl.org)



**Service Animal Training Day**

**About:** Service Animal Training Day returns to Anaheim-ARTIC Metrolink station. Enrich your training program with free rides on OC Bus, including the sights and sounds of Downtown Disney District and Anaheim Garden Walk. Service animals and therapy animal trainers, program alumni, and their friends and families are all invited.

**When:** April 5, 2025, from 8 a.m. - 1 p.m.

**Where:** ARTIC (Anaheim Regional Transportation Intermodal Center)  
2626 E Katella Ave., Anaheim, CA 92805

**More information:** [Service Animal Training - OCTA](#)

A promotional poster for a literary event. The title "A SLICE OF LITERARY ORANGE" is written in large, orange, outlined letters. Above the title, it says "OC PUBLIC LIBRARIES PRESENTS". Below the title, it says "Meet Travel Author RICK STEVES" and "Tuesday, April 8 at 6:30pm". There is a photo of Rick Steves, a man with glasses and a blue shirt, smiling. To the right of the photo is a small image of a book cover titled "RICK STEVES on the hippie trail". At the bottom, there are logos for "OC Public Libraries" and "OFFICE ON AGING" and some small text about funding and registration.

**Meet Travel Author Rick Steves\***  
**(OC Office on Aging in partnership with OC Public Libraries)**

**About:** Rick Steves is a popular public television host, a best-selling guidebook author and an outspoken activist who encourages Americans to broaden their perspectives through travel. He is the founder and owner of Rick Steves' Europe, a travel business with a small-group tour program that brings more than 30,000 people to Europe annually. No registration is required; all ages are welcome. Early arrival is suggested.

**When:** April 8, 2025, at 6:30 p.m.

**Where:** Laguna Hills Community Center  
25555 Alicia Pkwy., Laguna Hills, CA 92653  
**More information:** (714) 566-3034 or [ocpl.org](http://ocpl.org)

## Public Hearing: 2025-2026 Draft Area Plan Update

**About:** OC Office on Aging will hold a public hearing to present information and gather feedback on the [Draft 2025-26 Area Plan Update](#). Community members are invited to attend and share input on issues affecting older adults including programs funded through federal and state grants such as nutrition, caregiver support, legal services, elder abuse prevention, and more.

**When:** April 24, 2025, at 10:30 a.m.

**Where:** Easterseals  
1063 McGaw Ave., Ste. 100, Irvine, CA 92614

**Learn more:** [officeonaging.ocgov.com/opportunities/public-notice](http://officeonaging.ocgov.com/opportunities/public-notice)



OC PUBLIC LIBRARIES PRESENTS

# Music Appreciation Series

Join us for a music appreciation series. Music lovers of all ages are invited to visit the library and enjoy a performance by cellist, Chelsea Wong.

No registration required, all ages welcome.

<b>Mon, April 14 at 5pm</b> Foothill Ranch Library 27002 Cabriole Way Foothill Ranch, CA 92610	<b>Wed, April 16 at 5pm</b> Garden Grove Chapman Library 9182 Chapman Avenue Garden Grove, CA 92841	<b>Fri, April 18 at 11am</b> Laguna Woods Library 24266 El Toro Road Laguna Woods, CA 92637
<b>Thu, April 24 at 5pm</b> Costa Mesa Mesa Verde Library 2969 Mesa Verde Drive Costa Mesa, CA 92626	<b>Sat, April 26 at 3pm</b> Cypress Library 5331 Orange Avenue Cypress, CA 90630	

For more information,  
call 714-566-3034 or email  
[ocpl.programs@ocgov.com](mailto:ocpl.programs@ocgov.com)

**OC Public Libraries** | **OFFICE ON AGING**  
ORANGE COUNTY

This project is funded in part through a grant from the California Department of Aging and administered locally by the Orange County Office on Aging.

## Music Appreciation Series - Cellist Chelsea Wong\* (OC Office on Aging in partnership with OC Public Libraries)

**About:** Join us for a music appreciation series. Music lovers of all ages are invited to visit the library and enjoy a performance by cellist, **Chelsea Wong**. No registration is required; all ages are welcome.

**When:** Various dates throughout April

**List of Times and Locations:** [Music Appreciation Workshops - Cellist - Flyer](#)

*\*This project is funded in part through a grant from the California Department of Aging and administered locally by the OC Office on Aging.*

*Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.*

## RESOURCE SPOTLIGHT



**Learn, Connect & Stay Active with GetSetUp!**

Looking to pick up new skills, stay engaged, and connect with others? GetSetUp is an online learning platform designed for older adults, offering live, interactive classes led by peers. Explore topics like technology basics, health and wellness, and more - all from the comfort of home! Best of all, many classes are free.

Learn more: [getsetup.io](https://getsetup.io)

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## GET INVOLVED

### OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
  - **When:** April 11, 2025, at 9:30 a.m.
  - **Where:** 1063 McGaw Ave., Ste. 100, Irvine, CA 92614
- **Executive Committee Meeting**
  - **When:** April 25, 2025, at 9:30 a.m.
  - **Where:** 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

OAAC currently has vacancies. If you are interested in joining, please visit [officeonaging.ocgov.com](https://officeonaging.ocgov.com) for more information and to download an application.

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## OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on February 2025 service data.



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## STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

[Subscribe to Newsletter](#)

Update your subscriptions, modify your password or e-mail address, or stop subscriptions at any time on the [User Profile Page](#). If you have any questions or problems with the subscription service, e-mail [subscriberhelp.govdelivery.com](mailto:subscriberhelp.govdelivery.com) for assistance. Inquiries specific to the County of Orange, California should be directed to [webmaster@ocgov.com](mailto:webmaster@ocgov.com).

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