



OC OFFICE ON AGING

Monthly Newsletter


AUGUST 2025

WHO ARE WE?

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** officeonaging.ocgov.com

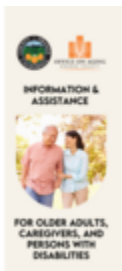
 **Email:** AreaAgencyOnAging@occr.ocgov.com

 **Phone:** (714) 480-6450



Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



Updated Office on Aging Brochure

We have refreshed our Information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)



OC Cares: Master Plan for Aging

The County of Orange has officially released its OC Cares: Master Plan for Aging, a strategic roadmap created to meet the evolving needs of the County's growing older adult population. This plan was developed using extensive community input and data from the Orange County Older Adults Needs Assessment.

Focusing on three key initiatives: Housing Security, Public Information & Resource Campaign, and Enhanced Care Coordination, all of which aim to create a more age-friendly Orange County where older adults can live with dignity, independence, and strong community connections.

Read the press release [here](#).

UPCOMING COMMUNITY EVENTS



**SHARPEN YOUR MIND:
MEMORY TIPS AND TRICKS**

Thursday, September 4th | 1:00 PM - 2:00 PM

Sea Country Senior Center
24602 Aliso Creek Rd, Laguna Niguel, CA 92677

Join this fun and interactive session to learn some strategies to practice improving memory and ways to maximize brain health. Come play along and challenge your brain!

To RSVP Call: (949) 425-5151

Complimentary Memory Screening by Appointment Only.
Call (949) 425-5151

Thank you to our sponsor:  **TremendousCare**



Sharpen Your Mind: Memory Tips and Tricks

About: Fun interactive session to learn some strategies to practice improving memory and ways to maximize brain health.
When: September 4, 2025, from 1 p.m. to 2 p.m.
Where: Sea Country Senior Center
24602 Aliso Creek Rd., Laguna Niguel, CA 92677
RSVP: (949) 425-5151



Annual Grandparent's Day Celebration

About: This event celebrates older adults and provides resources and services for the community as part of the City of Westminster's Fall Festival.

When: September 7, 2025, from 4 p.m. to 8 p.m.

Where: Yorba Linda Community Center
4501 Casa Loma Ave., Yorba Linda, CA 92886

For more information, visit www.olivecs.org

Supplemental Security Income (SSI) Eligibility and Appeals

About: SSI Eligibility and Appeals will provide an overview of eligibility requirements, the appeals process, reporting responsibilities, and additional related topics.

When: September 23, 2025, at 2 p.m.

Where: Online

RSVP: housing@daylemc.org or call (714) 621-3300



Annual Fall Festival & Embrace Aging Expo

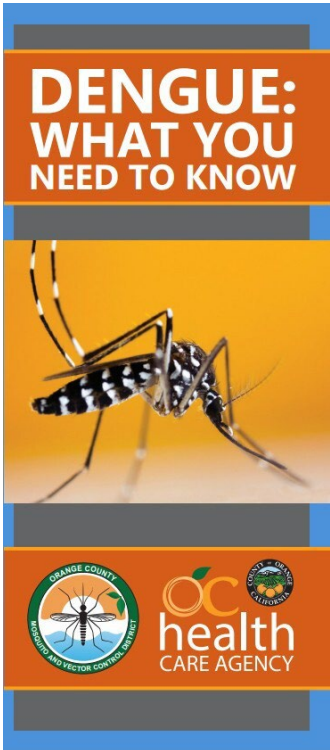
About: This event celebrates older adults and provides resources for the community as part of the City of Westminster's Fall Festival.

When: September 27, 2025, from 1 p.m. to 4 p.m.

Where: 8200 Westminster Blvd., Westminster, CA 92683

Visit: [Embrace Aging Expo | Westminster, CA](#)

NEWS



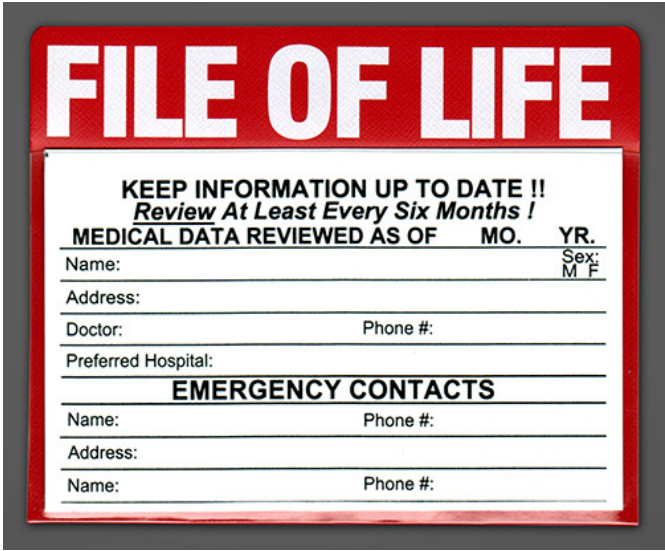
Dengue: What You Need To Know

The CDC has issued a new health alert about the high risk of dengue fever, a mosquito-borne illness. With many countries reporting an unusually high number of cases, the risk of both travel-related and local infections is increasing in the U.S.

This is especially true during the spring and summer travel seasons, as dengue activity remains high in the Americas, including in U.S. territories like Puerto Rico and the U.S. Virgin Islands. The alert urges everyone to take steps to prevent and detect dengue and advises healthcare providers to use a specific test for diagnosis.

Get more information by visiting [OC Health Care Agency](#).

RESOURCE SPOTLIGHT



File of Life & AlertOC

September is National Preparedness Month, reminding us that being prepared can make all the difference during an emergency. Two key tools can help protect your health and safety: the File of Life magnet and the AlertOC emergency notification system.

1. The File of Life magnet stores your critical medical information on your refrigerator, saving valuable time for first responders and helping to prevent medical errors.

- 2. AlertOC provides real-time emergency alerts, helping older adults, caregivers, and those with medical conditions stay safe by providing crucial, timely information.

Request a File of Life Magnet by contacting OC Office on Aging, Information & Assistance Call Center at (714) 480-6450.

Explore more preparedness tips at [ReadyOC](#), sign up for [AlertOC](#).

GET INVOLVED

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
 - **When:** Friday, September 12, 2025, at 9:30 a.m.
Where: 425 W. Santa Ana Blvd., Santa Ana, CA 92701
- **Executive Committee Meeting**
 - **When:** Friday, September 19, 2025, at 9:30 a.m.
Where: 1300 S. Grand Ave., Bldg. B, Santa Ana, CA 92705

OAAC currently has vacancies. If you are interested in joining, please visit officeonaging.ocgov.com for more information and to download an application.

Please Note: Meeting locations are subject to change. For the most up-to-date information, please visit the [OAAC webpage](#), or check our [Facebook](#) or [Instagram](#) before attending.

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on July 2025 service data.



STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

[Subscribe to Newsletter](#)