

**Healthy Living with Chronic Conditions
Quarterly Stakeholder Meeting
February 24, 2011
Office on Aging**

MINUTES

Attendees: Rachel Cruz (Care More), Huong Dang (Council on Aging), Karyl Dupee (St. Jude Senior Services), Karen Hunt (CalOptima), Debra Kegel (CalOptima), Judi Kennard (Mission Hospital), Judy Ogan (Health Care Agency), Sandra Perdomo (Care More), Andrea Purdy (Office on Aging), Adrienne Stokols (WECARE), Erin Ulibarri (Office on Aging), Judy Velarde (SCAN), Cheryl Wieland (Age Well Senior Services)

1) Welcome and Introductions

2) Program Updates –

- Erin gave a brief history of the grant project as many new people were at the table
- Erin reported that we have 221 completers as of the meeting with 4 classes in session and 17 classes scheduled for the year
- Erin reminded the group that they can go to the Office on Aging Healthier Living page for all the workshop handouts, marketing materials
- There are 500 free spots available in the NCOA online “Better Choices. Better Health” program for CA residents
- Organizations were reminded that presentations can be given to staff about the program
- A leader meeting and refresher class will be scheduled in the near future
- A second leader training is a possibility; will be determined at a later date if one is necessary

3) Group Feedback/Discussion –

- Much discussion centered around the structure of the program
- Judy described the qualities desired in workshop leaders and the required training
- Marketing ideas: posters in doctor offices, personal letter from doctor to patient

4) Program Sustainability

- Adrienne explained the how sustainability of this program could occur; need for a champion within an organization
- Judy emphasized that in order for an organization to implement this program, staff time would need to be allocated for program/leader coordination
- Erin was asked to provide a summary of program costs

Next meeting: July, date TBD